



*Expand your skills, invest in your team!*

## **Engaging Remotely using Emotional Intelligence**

(#6 of 6 of EI workshop Series)

**Date & Time:** Wednesday, May 25, 2022 at 9:00am to 12:00pm

**Cost:** \$235 for 1 workshop or \$440 for 2 workshops or \$1230 for all 6 in EI Series  
*(Impact of Emotional Intelligence on Leadership- Sept 21; Emotional Intelligence and Success in the Workplace- Nov 30; Using Emotional Intelligence to Give, Receive & Solicit Feedback-Feb 24; Resolving Conflict Through Mastering Difficult Conversations-March 24; Cultivating Emotional Resilience – April 13; Engaging Remotely Using Emotional Intelligence- May 25) Note: You must register for all 6 at the same time to get the series price*

**Location:** Virtual/Zoom

**Description:** The COVID-19 crisis has more people working from home than ever, accelerating an already well-established trend. However, staying home and safe have come at a cost. Engaging staff, making them feel appreciated and part of the organization has always been a struggle. Today's remote workplaces are only accentuating this problem and making leadership even more complicated.

While leading remote teams requires new, finely honed people skills, one truism remains - every employee wants three things - connection, appreciation, and fulfillment. When your employees feel connected to their team, appreciated for their efforts, and fulfilled in their jobs, it impacts how they feel and perform at work. The best way to build that kind of relationship with your teams is to lead with emotional intelligence.

Much of our communication is non-verbal. But with the right technology, tools and techniques, you can feel genuinely connected to your team as if they were all working back at the office. This Engaging Remotely Using Emotional Intelligence workshop will demonstrate that just because your team is not under the same roof does not mean they can't stay connected and engaged. Emotional intelligence competencies will help your leaders learn all that they need to lead remote teams with optimal results.





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**Learning Objectives:**

- Identify the challenges remote working has caused and discuss the impacts remote work has had on your employees' emotional well-being.
- Discover what engagement is and how it is demonstrated in the workplace, and identify your actively engaged employees and the qualities they possess.
- Determine how emotional intelligence builds trust, enhances employee engagement and impacts work relationships.

***To register go to [sou.edu/professional](http://sou.edu/professional)***

**About the Presenter:** As a professor with the School of Business at Capilano University, Carolyn Stern pioneered the integration of Emotional Intelligence into Capilano's curriculum. An Emotional Intelligence and leadership development expert, Carolyn combines real-world experience as both a business leader with more than two decades as a trainer and educator. Her company, EI Experience, provides leadership development and emotional intelligence training for all management levels and businesses of all sizes and scope. Since launching EI Experience in 2017, Carolyn has helped more than 10,000 business leaders leverage their emotional intelligence skills to connect with their diverse workforce and develop high-performing teams. [www.carolynstern.com](http://www.carolynstern.com) [www.eiexperience.com](http://www.eiexperience.com)

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