



*Expand your skills, invest in your team!*

## Taking Chances to Lead Change

**Date & Time:** March 4, 2021 at 10:30am to 12:00pm **Cost:** \$80

**Location:** Virtual/Zoom

**Description:** The internet changed all the rules. With its global reach and instant transmission of vast amounts of information, we live in a world where constant change is the norm. Things feel unpredictable, out of our control, . . . uncomfortable.

Who wins in this environment? The winners are the people who see the scariness of change as an asset rather than a liability. They will take chances to try out new ideas to lift the game for themselves and others. Leading change is not easy, because you won't know the outcome until you try it, and that can be scary. Walls of resistance will rise, including your own. Yet embracing the scariness of the unknown is key to creating something better.

This program combines conversation, exercises, and personal reflection to enable its participants to focus on their dreams, overcome resistance and discover a guiding force to steer through the scariness of leading change.

Drawing from their current work lives, the program will help participants answer such questions as:

- How do you deal with the discomfort of uncertainty?
- How can you convert an idea you would like to try, but might have been avoiding, into an actionable plan?
- What beliefs and behaviors might be preventing you from pursuing your new idea?
- What will give you courage to face the scariness of pursuing something new?

***To register go to [sou.edu/professional](https://sou.edu/professional)***

**About the Presenter:** Julie Benezet loves to explore the new, building businesses and helping others do the same. She speaks, coaches and writes on galvanizing change in the 21<sup>st</sup> Century and decoding human behavior in the face of uncertainty. Her awarding winning book, [\*The Journey of Not Knowing: How 21<sup>st</sup> Century Leaders Can Chart a Course Where There Is None\*](#), captures life and leadership lessons from her many years as an executive, lawyer and entrepreneur.

Julie spent four years on the Amazon executive team that ushered the company from early growth to an established business. Prior to that, she built companies and raised capital in diverse industries, from Fortune 100 companies to start-ups. For ten years, she led the "Challenges of Leadership" executive program at the Harvard Graduate School of Design. She has appeared in *The New York Times*, WGN Radio, Knowledge@Wharton and *Training Industry*. She holds an LLB (law) and M.Sc. (psychology) from McGill University and a B.A. from Cornell University.

