



Professional Development Workshops

Expand your skills, invest in your team!

The Power of Emotional Intelligence

How a Keen Perception of Self and Others Can Dramatically Improve Results

Date & Time: February 10, 2021 at 11 am to 12:30 pm

Location: Virtual/Zoom **Cost:** \$80

Description: Research indicates that 85% of the breakdowns and productivity losses in organizations are due to misunderstandings and differences between people and departments.

In this course, you'll identify and learn how to apply 4 key elements of Emotional Intelligence. Each element will enable you to more easily head-off upsets before they happen and productively resolve differences in an empowering way.

Based on well-honed tools and processes used by heavily companies like Microsoft, Toyota, Dow Chemical, Intel, Amgen, and Whirlpool Corporation, the course will also include case studies, interactive elements, and group dialogue.

Learning Concepts:

- Learn valuable techniques for acquiring better self-awareness that you can apply in-the-moment during stressful situations.
- Discover and practice and how to achieve more powerful self-management approaches for yourself and others.
- Develop heightened social awareness and the ability to better predict likely future consequences.
- Discover the secret of inspirational leaders and how you can grow your own influence while benefiting others through more effective persuasion, mentoring, peer coaching, and conflict management.

Go to sou.edu/professional to register!

About the Presenter: Christopher Harding is the Founder and Senior Consultant for global consulting and training firm, Luminary Communications. In his role, Chris, advises the company's Fortune 100 clients and facilitates courses on Leadership Development, Work-Life Quality, Diversity and Inclusion, Unconscious Bias, Responsibility, Empowerment, and Accountability, and Creativity.

Armed with over two decades of previous real-world experience as President and General Manager of a worldwide television, and distribution company and as the founder and leader of a national transportation network, Chris brings the kind of wisdom and knowledge to client relationships and interactions that only comes from having been in the trenches.

