



Professional Development Seminar

Expand your skills, invest in your team!

Leadership through the MBTI (Myers-Briggs)

Date & Time: November 28, 2018, 8:00am – 12:00pm **Cost:** \$165 (plus \$50 for MBTI)

Location: Higher Education Center, Medford Room 129B

Description: This half day workshop will utilize the Myers-Briggs Type Indicator (MBTI) to understand, appreciate and work with different personality styles. Each participant will receive their personalized Myers-Briggs Report to better understand their own leadership style and preferences, their potential challenges, and possible areas for leadership development. This will also help you understand other people's preferences, appreciate other's differences and learn approaches to interact with other types more effectively.

Learning Concepts:

- Managing constant change
- Constructive collaboration
- Build relationships in partnership
- Increase productivity
- How teams co-create answers
- Develop socio/emotional intelligence
- Understand social situations
- Responsibility as team

Presenter: Stuart Meyer is an executive career coach and draw on 15 years of corporate experience and 20 years of coaching. He works with leaders at two critical stages in their career: accelerating their career transitions, and accelerating the development of their leadership and management skills, to succeed in their current role and prepare them for their next position. Having coached hundreds of executives in the marketing and technology fields he wrote *The Aligned Career Workbook: A Step-by-Step Guide to Landing Your Next Great Position*. He also works with teams to better understand their work styles and appreciate differences, using the Myers-Briggs and Birkman assessments. His clients include: Apple, Google, Salesforce.com, the San Francisco Giants, Bentall Kennedy, Lithia Motors, Harry & David and many small to medium-sized companies and non-profit organizations. Stuart has his MBA in High Tech Marketing and his Bachelor's in Political Economics from U.C. Berkeley and is certified to consult with the Birkman, Myers-Briggs, and Korn Ferry instruments. Stuart has served on the boards of several private companies and non-profit organizations, including RidePal, Pacific Peninsula Group, MetricTest, Community Works and ScienceWorks Museum.

