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Prevent Blindness Eye Health and Safety Observance Calendar

January

National Glaucoma Awareness Month

More than 2.2 million Americans age 40 and older suffer from glaucoma. Nearly half do not know they have the disease—it causes no early symptoms. Prevent Blindness America will provide insightful information about this “Sneak Thief of Sight.”

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Age-related macular degeneration is a leading cause of vision loss, affecting more than 2 million Americans age 50 and older. Low vision aids can make the most of remaining vision. Information on eye disease warning signs and treatment will be available.

March

Workplace Eye Wellness Month

When it comes to eye health, the more vision ailments employees have, the more medical care they utilize, increasing healthcare related expenses. Employers are encouraged to contact Prevent Blindness America for information on the Healthy Eyes Vision Wellness Program, promoting vision care services in the workplace.

April

Women's Eye Health and Safety Month

Women often manage family health concerns. Do you know how to protect your sight? Hormonal changes, age and smoking can endanger sight. Information on women's and family eye-health issues will be provided.

May

Ultraviolet Awareness Month

Exposure to UV rays can burn delicate eye tissue and raise the risk of developing cataracts and cancers of the eye. Protecting your eyes from UV dangers and choosing the right sunglasses will be the topic of the month.

June

Cataract Awareness Month

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June/July

Fireworks Safety Month

Activities during this period will alert parents and children to the dangers of playing with fireworks. Prevent Blindness America will offer safer ways to celebrate the Fourth of July.

August

Children's Eye Health and Safety Month

Included in this month will be information about amblyopia, a condition that can affect two to three percent of children and cause permanent vision loss. Also included will be tips about preventing eye injuries in children, signs of possible eye problems and general eye health.

September

Sports Eye Safety Month

There are thousands of eye injuries a year related to sports and hazards around the house. Tips on how to protect yourself and your children from such eye injuries will be discussed.

October

Contact Lens Safety Month

Approximately 46 million U.S. residents wear contact lenses. Prevent Blindness provides tips and information on how to obtain, use and care for contact lenses safely. Halloween eye safety is also included.

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Can people with diabetes prevent the onset of diabetic eye disease? During this observance, Prevent Blindness America will offer information to help the 3.6 million Americans age 40 and older who suffer from diabetic eye disease.

December

Safe Toys and Gifts Month

What are the most dangerous toys to children's eyesight? Tips on how to choose age appropriate and safe toys will be distributed.

Downloads

Download the 2019 Observance Calendar

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