With lifelong learning opportunities through our partnership with OLLI and Southern Oregon University, as well as a multitude of classes, workshops, and activities right on our sprawling 668-acre campus, Rogue Valley Manor has countless ways to enhance your knowledge and discover more of what life has to offer. Enjoy your days surrounded by people who are ready to share an adventure filled with chances to explore your passions and develop new ones.

Call today for more information or to schedule your in-person or virtual visit.

541-857-7214
retirement.org/rvm

Rogue Valley Manor is a Pacific Retirement Services community and an equal housing opportunity.
Winter 2022 Course Catalog

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Contacting OLLI at SOU
Phone: 541.552.6048
Email: olli@sou.edu
inside.sou.edu/olli

Mailing Address
1250 Siskiyou Blvd.
Ashland, OR 97520

Office Hours
Monday–Friday
9:00 am to 4:00 pm

On the Cover
The cover art, Endosymbiosis: Homage to Lynn Margulis, 2012, gouache on watercolor paper, is the work of OLLI member and instructor Shoshanah Dubiner. A video animation is on display at the Centre de Cultura Contemporània de Barcelona in the exhibit “Science Friction.” See more of Shoshanah’s biology-inspired work at www.cybermuse.com.

Catalog Staff
Editor: Peg Evans
Production Manager: Rob Casserly
Communications and Community Outreach Committee: Peg Evans, Chair
Curriculum Committee: Ginny Blankinship & Anne Coleman, Co-chairs
Community Group Distribution: Kay Godwin
Graphic Design: David Ruppe, Impact Publications
Winter classes taught on-line via Zoom

Many of us have now had 5 terms of using Zoom, and we are feeling somewhat comfortable with it. If you are new to Zoom or if you need a refresher course about it, we are offering several opportunities to help you with Zoom.

1. Consult the OLLI website, https://inside.sou.edu/olli/courses/zoom-for-students.html, or the Zoom help center (https://support.zoom.us/hc/en-us) about how to use Zoom for your classes. If you are new to Zoom, we encourage you to become familiar with Zoom before your classes begin. You might want to practice with a friend.

2. Ask for help, prior to the start of classes, from a member of the team of OLLI volunteers giving one-on-one Zoom help to students.

3. If your instructor offers a Class Zero, please attend. Class Zero has one main purpose — to give instructors an opportunity to share with students how they will be using Zoom and what to expect in their class.

4. Call or email the OLLI office at 541-552-6048 or olli@sou.edu

If you are new to Zoom or you are feeling rusty about using Zoom, please don’t let that be a roadblock to attending OLLI classes online this term. We are here to help.

Light up a mind!

Become a Volunteer OLLI at SOU Instructor

- Share your expertise and enthusiasm with a community of curious adults
- Offer 2 to 10 weekly class sessions of 60 to 120 minutes in length
- Enjoy teaching without the need to grade tests or papers
- Receive support for teaching on Zoom
- Jump in and teach without having previous teaching experience
- Teach classes regardless if you are an OLLI member

Visit the “Teaching at OLLI” link at inside.sou.edu/olli for more details.

Spring 2022 Course Proposals Accepted December 1–31

To be included on a list of prospective spring instructors for reminders of course proposal deadlines and notices of possible instructor trainings, email your contact information to Anne Coleman at apcoleman2019@gmail.com.
Greetings from the OLLI Council President

As I write this letter, OLLI is experiencing constant change. We planned for some in-class learning in the fall but had to change those plans and go back exclusively to on-line classes. The good news is that on-line classes are working well. We have never before been able to offer such a broad range of subjects to so many OLLI members. Most classes have no size limits, which allows members to take as many classes as they wish.

“Come for the classes; stay for the connection.” That is our mission. Classrooms allow all of us not only to see each other, but to get to know each other. Lacking classrooms, OLLI leadership and staff are working hard to provide connections through Special Interest Groups, Conversation Connections, one-time lectures, and holiday celebrations.

We hope that the Covid pandemic will be defeated soon, and we will keep you up to date through the Monday morning weekly e-mail NewsFlashes. When the pandemic is controlled, we will not only gather in classrooms, but will continue on-line classes as well.

We applaud our tremendous instructors and staff for their hard work in training OLLI members in the use of Zoom and everyone’s flexibility in adapting to this technology. Please take the time to let them all know how appreciative we are for all of their efforts.

And—thank you, again, for your loyalty to OLLI!

Sincerely,
John Ferris
OLLI at SOU Council President
Plan4Care

Values and Choices

Learn about the needs that older adults and their families might face, along with practical guidance for navigating the complex planning process and locating resources that will be vital to health and well-being.

Winter 2022 • Save the Dates

Sundays, 2:00 to 3:30 pm

January 23  Anticipating Care Needs and Considering Personal Values

January 30  Developing and Communicating an Action Plan

February 6  Identifying Resources for Implementing a Care Plan

A panel of experts will present each program
Accessible from anywhere via Zoom
Free, open to the public • Registration required
Details coming soon

inside.sou.edu/olli  •  olli@sou.edu  •  541-552-6048

OLLI Vital Issues Forums

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ASANTE® ROGUE VALLEY Manor  AARP®
A note from the SOU Vice President of University Advancement and Executive Director, SOU Foundation

I offer my heartfelt greetings to each of you this winter season. I am delighted to write this note on behalf of Southern Oregon University and the SOU Foundation!

It is no secret that OLLI at SOU is an outstanding program—led by incredible volunteers. I met with the OLLI Council when I first arrived at SOU six years ago. I remember walking away from that meeting with several impressions. First, that the OLLI Council was composed of high-caliber, talented professionals; second, that the leadership had a steadfast commitment to its members; and third, that this group had vision. Now, six years later, I see those impressions play out every day.

The connection between OLLI and the university is both steadfast and critical, and our partnership underscores what is possible when vision, generosity, and commitment intersect. Lending time and talent to run the organization, teaching classes, expanding programming, supporting student scholarships, and taking on an ambitious capital campaign to renovate the Campbell Center are just a few examples of this partnership in action. I thank you for your generosity.

The generosity of donors is at the core of my professional life. My career began in healthcare and transitioned to higher education in the early 1990s. I could not be more excited about my work. I love talking with individuals who want to make a difference and then identifying specific ways in which to do that. The philanthropic process always leaves me inspired and literally in awe each time it happens.

As we start his new year together, I invite you contact me at any time. I value the journey each of us takes and want to extend my hand to each of you as you contemplate how best to serve OLLI and Southern Oregon University. Each of you, individually and collectively, are an integral part of the SOU community, and I look forward to our year of discovery together.

With much gratitude for all you do,

Janet Fratella
Vice President of University Advancement and Executive Director, SOU Foundation

Volunteers make up the creative forces powering OLLI’s classes, member support, gardening, social events, fundraising, office support, communications, planning, and so much more. To learn how you can get involved, contact OLLI’s Volunteer Coordinator, Pauline Black, at 541-552-6975 or blackp@sou.edu.
OLLI COURSES: WINTER 2022

Course request period opens November 8 and closes November 19. Open registration begins December 13; Winter term January 3 – March 11, 2022

Courses are listed by day of the week, then chronologically by start date. All of the courses listed in this catalog are online distance-learning courses. All times listed in this catalog are Pacific Time. Course descriptions begin on Page 9.

For additional details and most up-to-date information, visit the Catalog page on the OLLI website

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<td>Romancing Your Sourdough</td>
<td>Linda Anderson</td>
<td>1/13</td>
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<td>Breathwork and Mindfulness</td>
<td>Nando Raynolds</td>
<td>1/20</td>
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<td>9-10:30</td>
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<td>Manufacturers of the Rogue Valley</td>
<td>Anne Bellegia</td>
<td>1/20</td>
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<td>9-10:30</td>
<td>38</td>
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<tr>
<td>Appreciating Medford’s History</td>
<td>Paul Christy</td>
<td>1/27</td>
<td>4</td>
<td>11-12</td>
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<tr>
<td>Have Fun Learning About Birds</td>
<td>Shannon Rio</td>
<td>2/3</td>
<td>4</td>
<td>9-10:30</td>
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<tr>
<td>The Future of America’s Political Parties</td>
<td>Runkel/Moore</td>
<td>2/3</td>
<td>6</td>
<td>11-12</td>
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<tr>
<td>Writing Systems: Language Made Visible</td>
<td>Tony Davis</td>
<td>2/3</td>
<td>6</td>
<td>1-2:30</td>
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<tr>
<td>Journaling with Joy</td>
<td>Elisa Friedlander</td>
<td>2/10</td>
<td>2</td>
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<td>In Love with Lavender</td>
<td>Rosenelle Florencechild</td>
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<td>Medical Hazards in the Wilderness</td>
<td>Jeri Mendelson</td>
<td>1/7</td>
<td>8</td>
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<tr>
<td>Exotic Travel</td>
<td>Maria Geigel</td>
<td>1/7</td>
<td>5</td>
<td>1-3</td>
<td>18</td>
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<tr>
<td>Reading Circle: Jane Austen’s LADY SUSAN</td>
<td>Camille Korsmo</td>
<td>2/18</td>
<td>4</td>
<td>11-12:30</td>
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<tr>
<td>Dungeness Crab: Natural History and Physiology</td>
<td>Bernie Hartman</td>
<td>2/18</td>
<td>4</td>
<td>11-12:30</td>
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<td>Self-Paced</td>
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<tr>
<td>Indian Vegetarian Cooking</td>
<td>Kumud Gokani</td>
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Course Descriptions

One or more of these courses may present one aspect of a matter of public debate. Views expressed by the instructor/facilitator are not necessarily those of OLLI or Southern Oregon University.

**Arts: Film/TV/Radio**

**NEW! Landmark Vietnam Films**

This course explores selected films and documentaries that depict life in Indochina. It examines how American film producers, writers, and documentarians framed the U.S.A.'s involvement in Vietnam and the effects of the American experience in Southeast Asia in the Cold War era. It shows how filmmakers used melodrama, patriotic paradigms, gritty realism, and documentary-style reporting to stage and reflect life in Vietnam. We also see how attitudes about Southeast Asia affected filmmakers’ approaches to storytelling about the region. The instructor will introduce each film, highlighting background about the filmmaker, the performers, and key aspects of the film. Then, during after-film discussions, the class will explore the filmmakers’ cinematic techniques and points of view, plus the social and political issues raised in the films. The instructor, a foreign correspondent in Vietnam from 1969 to 1971, will also discuss his experiences there.

**ARTS247** · 9 Sessions
class size unlimited
Thursday · 11:00AM–12:30PM
1/6/2022–3/3/2022

**INSTRUCTOR:** Paul Steinle, a journalist, documentary filmmaker, news media manager, and journalism educator has been teaching workshops in nonfiction writing and cinema appreciation at the graduate and undergraduate level since 1992. Steinle co-authored two non-fiction books, wrote “Professional Field Guide for Television News,” and produced 10 TV documentaries. Overall, he has been engaged in professional news media and visual media since 1961.

**Ten Classic Comedy Films: Part Ten**

This class will feature 10 classic comedy films starting with a Buster Keaton silent film, “The Navigator” (1924), and ending with “Beetlejuice” (1988) starring Alec Baldwin and Geena Davis. The other eight are “The Freshman,” “Topper,” “Woman of the Year,” “Singin’ in the Rain,” “It’s a Mad, Mad, Mad, Mad World,” “MASH,” “Animal House,” and “This Is Spinal Tap.” An email will be sent with information about each film, including title, year of release, star actors, director, and film length. Further information can be found on sites such as IMDB, Rotten Tomatoes, etc. Each week, students will watch the assigned film at home prior to each Zoom session, where the instructor will share special aspects of the film and entertain questions and comments. Students need bring nothing more than a desire to see these special comedy films that are true classics and still enjoyable, no matter how many times one views them.

**ARTS203** · 10 Sessions
class size unlimited
Wednesday · 1:00–3:00PM
1/5/2022–3/9/2022

**INSTRUCTOR:** Roy Sutton is a resident of the Mountain Meadows Community in Ashland where he shows classic movies for the residents three or four times a month. He also arranges and hosts around 40 concerts a year for those residents. This will be Sutton’s nineteenth consecutive OLLI term featuring classic films. His love of such films probably derives from being born and raised in Hollywood, California.

**SOU Land Acknowledgement**

OLLI at SOU wants to take this moment to acknowledge that Southern Oregon University is located within the ancestral homelands of the Shasta, Takelma, and Latgawa peoples who lived here since time immemorial. These Tribes were displaced during rapid Euro-American colonization, the Gold Rush, and armed conflict between 1851 and 1856. In the 1850s, discovery of gold and settlement brought thousands of Euro-Americans to their lands, leading to warfare, epidemics, starvation, and villages being burned. In 1853 the first of several treaties were signed, confederating these Tribes and others together — who would then be referred to as the Rogue River Tribe. These treaties ceded most of their homelands to the United States, and in return they were guaranteed a permanent homeland reserved for them. At the end of the Rogue River Wars in 1856, these Tribes and many other Tribes from western Oregon were removed to the Siletz Reservation and the Grand Ronde Reservation. Today, the Confederated Tribes of Grand Ronde Community of Oregon (https://www.grandronde.org) and the Confederated Tribes of Siletz Indians (http://www.ctsi.nsn.us/) are living descendants of the Takelma, Shasta, and Latgawa peoples of this area. OLLI at SOU encourages YOU to learn about the land you reside on, and to join us in advocating for the inherent sovereignty of Indigenous people.
Ten Classic Musical Films: Part 7

This course will feature 10 classic musical films starting with “The Merry Widow (1934) starring Maurice Chevalier and Jeanette MacDonald and ending with “Cinderella” (1965) with Leslie Ann Warren. The other eight are “ Babes in Toyland,” “Broadway Melody of 1936,” “Fantasia,” “Strike Up the Band,” “In the Good Old Summertime,” “Brigadoon,” “White Christmas,” and “Damn Yankees!” An email will be sent to students with information about each of the films: title, year of release, star actors, composer, lyricist, and film length. Further information can be found on sites such as IMDB, Rotten Tomatoes, etc. Each week, students will watch the assigned film at home prior to each Zoom session, where the instructor will share special aspects of the film and entertain questions and comments. Students need bring nothing more than a desire to see these special comedy films that are true classics and still enjoyable, no matter how many times one views them.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

ARTS202 · 9 Sessions
class size unlimited
Monday · 1:00–3:00PM
1/3/2022–3/7/2022

INSTRUCTOR: Roy Sutton is a resident of the Mountain Meadows Community in Ashland where he shows classic movies for the residents three or four times a month. He also arranges and hosts around 40 concerts a year for those residents. This will be Sutton’s nineteenth consecutive OLLI term featuring classic films. His love of such films probably derives from being born and raised in Hollywood, California.

Arts: Music

NEW! An Appreciation of Jazz: The Big Bands

Jazz has often been considered to be America’s greatest contribution to music. This course will focus on the “big bands” that popularized the idiom and introduced the gifted musicians, composers, arrangers, and vocalists to the public. We will listen to the signature recordings of these bands and view videos of their performances. The instructor will provide an analysis of the band’s unique sound, the times in which the band flourished, and inside stories that reveal the human angle and personalities of the artists. Among those bands and vocalists to be featured will be Benny Goodman, Artie Shaw, Glenn Miller, Duke Ellington, Count Basie, the Dorsey Brothers, Stan Kenton, Frank Sinatra, Mel Torme, Billie Holiday, Tex Beneke, Joe Williams, and others. All listeners are welcome, from those new to jazz and who want to understand its appeal, to those veteran listeners who want a refresher in this unique American music. No assignments or reading will be required.

NOTE: While not required, using external computer speakers (which can be purchased for as little as $20) will enhance the listening experience.

ARTS123 · 5 Sessions
class size unlimited
Wednesday · 9:00–10:30AM
1/5/2022–2/2/2022

INSTRUCTOR: David Stone is a retired attorney who represented many performing arts companies in San Francisco. He has been an avid jazz fan since, as a teenager, he first heard the radio rebroadcast of the landmark 1938 Benny Goodman Concert at Carnegie Hall. Since then, he has satisfied his musical needs by immersing himself in the recordings of the jazz greats, in their biographies, and, where possible, in attending their live performances.

NEW! Great Hymns of the Christian Faith

Each Christian denomination has its great hymns. In this mostly lecture class we will look at examples from various denominations over the centuries, by church season, including several folk hymns and world hymns. We’ll look at the history of each hymn, as well as examine its text and music. Then we’ll listen to examples on YouTube. Class members will be encouraged to sing along and will be invited to suggest their favorite hymns.

OLLI Scholarship Program

Lifelong Learning for Everyone

Thanks to the generous support of the Osher Foundation, OLLI members, and other donors, OLLI at SOU offers scholarships to those in financial need.

To apply for a scholarship, please email the OLLI office at olli@sou.edu or call 541.552.6048 and request a scholarship application form.
as well. No previous familiarity with the hymns is necessary.

**ARTS249 · 8 Sessions**  
class size unlimited  
Thursday · 11:00AM–12:30PM  
1/6/2022–2/24/2022

**INSTRUCTOR:** Peggy Evans, SOU Professor Emerita of Music, has taught music courses for many years. She holds music degrees from Chatham University, the University of Michigan, and the Eastman School of Music of the University of Rochester. For 50 years she was a church organist/choir director. She has taught courses for OLLI at SOU in the areas of music and philanthropy.

**NEW! I Got Rhythm: George and Ira Gershwin**

George Gershwin had a brief but illustrious career as a composer and pianist. He and his brother Ira wrote many popular songs that have become jazz standards. At the same time, George’s catalog includes classical works and hybrid works with elements of jazz and classical styles. As George’s musical language expanded, his brother Ira came into his own as a lyricist. Together, they were a formidable creative team. In weekly Zoom sessions we will listen to a wide range of works from “Swanee” to “Rhapsody in Blue” to “Porgy and Bess”—and, yes, “I Got Rhythm.” We’ll also hear versions of George’s work created by other musicians. Class sessions will be augmented with a curated YouTube playlist. The instructor enjoys crossing the borders between musical styles and looks forward to sharing that enjoyment with you. No specific musical background is necessary. Lovers of jazz and/or classical music are welcome.

**ARTS252 · 7 Sessions**  
class size unlimited  
Wednesday · 11:00AM–12:00PM  
1/12/2022–2/23/2022

**INSTRUCTOR:** Robert Adams retired after a 27-year academic career at universities in California, Massachusetts, Pennsylvania, and Alabama. While at Susquehanna University, he participated in a multi-disciplinary program focusing on Martinique, which challenged him to tune his ears to the rich world of music beyond the concert hall. He has a Ph.D in music theory/composition from U. C. Berkeley with additional study at conservatories in Paris and Amsterdam.

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**Conversation Connections**

Conversation Connections are one-time discussions between OLLI members focused on one topic, using Zoom. Below are some of the Connections planned for winter and spring terms. Watch for additional topics, content information, dates, times, and sign-up information in OLLI at SOU Newsflashes.

- **Science, Denial, Fraud and Pseudoscience.** A Conversation about our perspectives and observations on Science, Denial, Fraud, and Pseudoscience. (Elisabeth Zinser)
- **Should I buy an electric car?** (Bonnie Johnson)
- **Picking Oscar Favorites.** (Larry Hunter)
- **Alaska Trip?** Conversation on favorite spots not to miss on a 1x trip to Alaska (Susan Stitham)
- **Freedom and Liberty.** A Conversation to share thoughts on the meanings of Freedom and Liberty; and how they seem to have changed over time and differ among people/organizations today. (Elisabeth Zinser)
- **Oregon campgrounds.** Sharing your favorite for upcoming seasons. Come to convey any favorite tips for camping around Oregon. (Kate Culbertson)
- **Possible Day-Trips with OLLI.** Let’s share ideas. (Margaret Pashko)
- **OSF.** Conversations about OSF productions in the 2022 season. (Susan Stitham)
- **Oregon Districts.** In your opinion, are Oregon new districts a result of redistricting or gerrymandering? (Barbara Klein)
- **One Step Stewardship.** Got any sustainability tips for your home or life? Let’s share. (Bonnie Johnson)
- **Spring AIFF film festival discussion.** Coming Later. (Lorraine Vail)
- **…YOUR TOPIC**  
  (Contact Barbara Klein for details or questions at drb@AgingWithPizzazz.com. Please put ‘OLLI’ in the subject line.)

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**OLLI at SOU on Facebook!**

facebook.com/OLLIatSOU
OLLI Membership Benefits

OLLI at SOU membership entitles you to:

- Submit registration requests for OLLI at SOU courses.
- The right to vote in OLLI at SOU elections, such as the annual election of Council members.
- An invitation to OLLI at SOU members-only social events.
- If you are age 65 or older, and you have lived in Oregon for the past 12 months, and you are registered in an OLLI at SOU course that qualifies as an SOU one credit course, and you fill out a one-credit student application, then you can check books out from the SOU’s Hannon Library using your driver’s license or another form of photo ID.
- A discount on select music and theater performances at SOU’s Oregon Center for the Arts (Call the box office at 541.552.6348 for details).
- A substantial discount on tickets to SOU sporting events (Call the Athletic Department at 541.552.6772 for details.)
- A $10 discount on a Friends of the Hannon Library at SOU membership (Call the library at 541.552.6816 for details).

Arts: Visual Arts

NEW! Botanical Illustration: Spring Wildflowers

Enjoy a preview of spring by drawing some of Ashland’s lovely wildflowers. It will be too early to draw them from life, so we will work from photographs provided by the instructor (or yours if you have them). We’ll start with some drawing basics including leaf and flower shapes, composition, and creating depth with foreshortening and tone. We’ll use graphite in the first class and then work with colored pencil for the remaining classes, drawing a different flower in class each week. This is a three-hour class, and you will probably want to work on your own outside of class to finish each drawing. If you’ve had drawing experience, great! If not, don’t worry about it. Just have fun. We’ll share work in a totally non-judgmental atmosphere.

NOTE: Registered students will receive a detailed list of recommended materials from the instructor, but you will need a set of 48 colored pencils (or buy individual pencils as needed), a graphite pencil, drawing paper and eraser. Cost will be about $40.

ARTS244 · 7 Sessions
class size 12
Wednesday · 12:00–3:00PM
1/19/2022–3/2/2022

INSTRUCTOR: Ann Lovett is an artist, poet, and Professor Emerita at the State University of New York at New Paltz, where she taught photography for 33 years. She holds an MFA in printmaking from Tyler School of Art and an MFA in poetry from Warren Wilson College. An avid gardener, she took up botanical illustration during the pandemic and is still learning about drawing and looking at flowers.

NEW! Painting Lively Modern Folk Art

Ready to take a deep dive into creating your own folk masterpiece? We will release concepts like gravity and scale relationships. Surprise yourself with imagery created through simple drawing, collage, and painting exercises. Then follow along as you learn to distill and simplify imagery to shapes. Finally, you will use a step-by-step process to paint a colorful, vibrant painting, glowing with light. Each session will start with samples, a demonstration, and time to create and share. No art experience is required, and all levels are welcome. Instruction for each class builds on the previous session.
NOTE: Materials can cost between $100 and $150, and will include acrylic paints, brushes, glazes, etc. Students may already have suitable materials. A complete supplies list will be emailed to registered students.

**ARTS250**  
7 Sessions  
class size 15  
Wednesday · 9:00–11:00AM  
1/12/2022–2/23/2022

**INSTRUCTOR:** Lisia Farley has a MA in Education from Lewis & Clark College in Portland. She taught fine arts, history, and writing for the West Linn-Wilsonville School District, Lewis & Clark College, and Marylhurst University in Portland, Oregon, for 33 years. She works as an Artist in Residence in Portland area high schools along with taking private students in her studio.

**Zen and the Art of Photography**

Using David Ulrich’s book, “Zen Camera,” as a guide, we will explore how bringing Zen principles such as mindfulness, beginner’s mind, and a daily practice into our photography can help us to become better photographers. Each week we will read one of six lessons, apply what we have learned and be inspired by the exercises in the book. Students will submit three photos for review and discussion in class each week. After an introductory lecture the first week, we will focus on the following lesson topics from the book: observation, awareness, identity, practice, mastery, and presence. Week eight will be a celebration and sharing of our favorite photos from the course. All levels of photographic experience are welcome. Whether using a phone or top of the line DSLR, students should have sufficient knowledge of their camera to capture images and transfer files via email to the instructor. The class will not be recorded.

**NOTE:** Required text: “Zen Camera: Creative Awakening with a Daily Practice in Photography” by David Ulrich.

**ARTS251**  
8 Sessions  
class size 20  
Wednesday · 1:00–2:30PM  
1/19/2022–3/9/2022

**INSTRUCTOR:** Jeanne Hoadley has been studying the art and science of photography for over 50 years. She has taught several OLLI classes in photography and has taken workshops from a number of professional photographers. Jeanne has been a member of the North American Nature Photography Association for many years.

**New! Advanced Nonfiction Writing**

This course is a new offering for individuals who have either completed the OLLI Nonfiction Writing Workshop (offered by this instructor since 2016) or for individuals who have completed a long-form, nonfiction writing project and are seeking to enhance their nonfiction writing skills. In the first class, participants will be asked to submit one personal, sample writing project that is at least 3,000—8,000 words in length. These samples will constitute the focus of this course. Over a ten-week period, the instructor will analyze participants’ writing samples, and participants will read each other’s writing and share constructive feedback about the effectiveness of the content. These “works-in-progress,” which may be new writing or writing excerpted from participants’ completed nonfiction projects, will be analyzed in depth, and participants will polish them for review as needed.


**ARTS246**  
10 Sessions  
class size 12  
Tuesday · 11:00AM–12:30PM  
1/4/2022–3/8/2022

**INSTRUCTOR:** Paul Steinle, a journalist, documentary filmmaker, news media manager, and journalism educator has been teaching workshops in nonfiction writing and cinema appreciation at the graduate and undergraduate level since 1992. Steinle co-authored two non-fiction books, wrote “Professional Field Guide for Television News,” and produced 10 TV documentaries. Overall, he has been engaged in professional news media and visual media since 1961.

**Technology Help**

Have questions or concerns about taking online classes? For help and information, please visit the OLLI at SOU webpage at inside.sou.edu/olli

This information will be updated frequently.
Introduction to Creative Writing

Come develop your writing style in this ten-week introduction to creative writing. No previous professional writing experience is necessary. All you need is a love of writing and a willingness to share ideas with others. Each class will feature an introduction to a different type of creative writing, including short story, drama, fiction, creative nonfiction, haiku, and numerous forms of poetry, followed by in-class readings. After readings, students will be invited to comment constructively on each other’s work. Lectures will describe what students are to write each week and suggest reading examples, which will also be included in a list of references emailed before class. If you have taken this class in the past, you are welcome to join us again.

**ARTS148 · 10 Sessions**
class size 12
Tuesday · 3:30–5:00PM
1/4/2022–3/8/2022

**INSTRUCTOR:** William Lawson holds a degree in English with an emphasis in writing from Southern Oregon University and has written and self-published numerous books including three histories, a book on Biblical symbolism, and a book of poetry. He has taught history and creative writing courses for OLLI.

Nonfiction Writing Workshop

The Nonfiction Writing Workshop is an introductory class offering practical training to enhance nonfiction writing skills. The storytelling techniques emphasized are applicable for memoir, historical articles, long-form journalism, and book-length nonfiction, for print or the internet. Class materials include selected readings, posted online, that demonstrate key writing techniques practiced by successful, well-known authors. Students should expect to spend five hours a week reading assignments, writing, and analyzing workshop writing submissions. Students are required to submit, for analysis, at the rate of one-every-other-week, four 500-1,000 word writing samples by midnight, Fridays, using content derived from their experience. Students will read each other’s work and share constructive criticism about style and content. The instructor will also critique each student’s submissions.


Together for SOU and OLLI

Creating a charitable gift annuity supports OLLI and SOU. With a gift of cash or securities, you, or someone you name, receive fixed income payments for life. Benefits include a tax deduction and partial tax-free income. Remaining funds in the annuity account go to the purpose you chose at OLLI and/or SOU.

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ARTS178 · 10 Sessions  
class size 15  
Tuesday · 9:00–10:30AM  
1/4/2022–3/8/2022  

INSTRUCTOR: Paul Steinle, a journalist, documentary filmmaker, news media manager, and journalism educator has been teaching workshops in nonfiction writing and cinema appreciation at the graduate and undergraduate level since 1992. Steinle co-authored two non-fiction books, wrote “Professional Field Guide for Television News,” and produced 10 TV documentaries. Overall, he has been engaged in professional news media and visual media since 1961.

Readers Write Personal Narratives  
This course gives students a structured opportunity to write short personal narratives. The format comes from “The Sun” magazine, which includes “Readers Write” every month. We will review samples from past issues in The Sun and write our own responses to The Sun’s prompts. We will also look at upcoming topics and write essays that we might choose to submit for publication to “The Sun.” Students should commit to write one 200-400-word essay each week of the class and share it in our interactive course website on SOU’s Moodle. When students post essays, others may respond with answers to the following questions, intended to encourage supportive feedback: What did you notice? What struck you? How did you connect personally to the story? Students who do not submit an essay are not eligible to respond to other students’ stories.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

ARTS186 · 6 Sessions  
class size 23  
Monday · 2:00–3:30PM  
1/10/2022–2/21/2022  

INSTRUCTORS: Linda Jaffe holds BA, MBA, and MFA degrees. She has taught OLLI writing, literature, and dance courses, and dance courses, and has also performed in community theater productions. She believes that creativity brings self-understanding, surprise, and joy. John Pratt holds a BA and an MA in English. He has taught a number of OLLI courses and participates in OLLI Improv. He is a winemaker, but previously he taught English for 40 years. Teaching writing motivates him to write more himself.

NEW! Writing Fiction  
This course will be a seminar focused on fiction craft. Readings will include fiction from authors of diverse backgrounds and styles paired with essays dedicated to the craft of fiction writing. Lectures and discussions will consider the fundamental elements of fiction: point of view and psychic distance, narrative structure, character, dialogue, treatment of time, setting and description, style and voice. PDFs of readings will be provided in advance by the instructor. Note that this is not a fiction workshop. We will be reading and discussing published work, not critiquing one another’s works-in-progress. The course is open to anyone who writes fiction, is considering writing fiction, or simply wants to better understand and appreciate contemporary literary fiction. Experience writing fiction is not required.

ARTS248 · 8 Sessions  
class size 15  
Thursday · 4:30–6:00PM  
1/6/2022–2/24/2022  

INSTRUCTOR: Thomas Dodson is a writer, librarian, and web developer living in Ashland. His fiction has appeared in “The Missouri Review,” “Gulf Coast,” “Chicago Quarterly Review,” and elsewhere. His story “Keeping” was awarded the 2020 Jeffrey E. Smith Editors’ Prize. He holds graduate degrees from the Ohio State University, Kent State University, and the University of Iowa, where he was an Iowa Arts Fellow. More information at https://thomasadodson.com.

Please consider designating a gift to the Oregon Center for the Arts at Southern Oregon University at https://giving.sou.edu/give/.  
Your support makes an impact on every student and ensures their success.
History

Includes US and world history.

NEW! Appreciating Medford’s History

This course is an overview of the history of Medford, Oregon, and is designed to provide students with an understanding and appreciation of Medford’s origins and place in the Rogue Valley’s history. After an initial overview of Medford’s history, it will feature guest speakers from the Southern Oregon Historical Society, a virtual walking tour of downtown Medford, and the perspectives of a professional historic preservationist on Medford’s historic buildings. The course will be conducted as a moderated discussion with speaker introductions, presentations, and then class discussions. No prior understanding of Medford’s history is necessary, and there is no required reading—though there will be suggested readings and web postings as the course goes along.

Dates to Remember

IMPORTANT DATES
Winter catalog published online: November 8
Winter course requests: November 8–November 19
Spring course proposal period: December 1–31
Winter course assignments sent out: December 6
Winter open registration begins: December 13
Winter term begins: January 3
Winter term ends: March 11

OFFICE CLOSURE
Veterans Day: November 11
Thanksgiving: November 24–26
Christmas: December 20–24
New Year’s Day: December 31
Martin Luther King Jr. Day: January 17

HIST233 · 4 Sessions
class size unlimited
Thursday · 11:00AM–12:00PM
1/27/2022–2/17/2022

INSTRUCTOR: Paul Christy has lived in Medford for the past five years and has taught classes at OLLI SOU on Oregon history, the US Civil War, US Presidents, and technical topics. He retired from the federal government after 40 years as an economist and agency executive, and he has served as acting executive director of the Oregon Shakespeare Festival. Currently, Christy is working to restore the historic Holly Theatre in Medford.

Economic History of the Rogue Valley

The Rogue Valley offers a fascinating microcosm of our nation’s history and the interplay between historical trends and economic developments. In seven sessions, this course will cover the history of the Rogue Valley from the First Peoples to the present and future of the region. Session topics will include the European settlers, specialized agriculture, railroad transportation, tourism and the performing arts, and the evolution of a knowledge-based post-industrial economy. Only a general interest in regional history is required, but participants with a background in business economics will gain a more detailed understanding of the forces that have influenced our region’s economy.

HIST223 · 7 Sessions
class size unlimited
Tuesday · 1:00–2:30PM
1/18/2022–3/1/2022

INSTRUCTOR: Gary Anderson was an international economic consultant for SRI International from 1979 to 1996, doing regional development projects and seminars in North America, Europe and Asia. He holds an AB in history and engineering from Princeton and an MS in industrial administration from Carnegie-Mellon.

NEW! How Epidemics Changed History

Epidemic disease has been a major driver of social change throughout history. Using lecture, videos, group discussion, and Q & A, we will explore a series of case studies, from the Black Death to polio, to understand the complex interplay between specific diseases and their cultural, technical, economic, and medical settings in time. We also explore how a society’s response to an epidemic can reveal its own vulnerabilities and moral priorities. Diseases are not random; they find and exploit man-made ecological niches in the living conditions of...
people on the wrong side of a social divide. Diseases tell us who we are.

1. Introduction: Tools for watching plagues and the Black Death
2. How the Black Death transformed Europe
3. Smallpox and the Shape-Shifter: How genteel and romantic Consumption morphed into Tuberculosis, the filthy germ-borne scourge of the poor
4. Yellow Fever, Cholera, and the Sanitary Movement
5. The Modern Era: What does history teach us about epidemics to come?

**HIST231** · 5 Sessions  
class size unlimited  
Wednesday · 3:30–5:00PM  
1/19/2022–2/16/2022  

**INSTRUCTOR:** David Drury has a Masters in City and Regional Planning, a PhD in Cultural and Applied Anthropology, and is a lifelong history buff and fan of good storytelling. He has been a Lecturer at the University of California Berkeley, and for ten years at the University of Hawaii at Hilo. At OLLI he has taught courses on Camino de Santiago, Living the Secular Life, and the Beyond Tourism course, and has often appeared in the Exotic Travel class.

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**Languages and Cultures**

Explore classroom “journeys” around the globe. Practice or learn a language other than English, or study untranslated literature.

**Languages and Cultures**

Enjoy German!

This is a previously taught course with new content. This course aims at broadening a student’s vocabulary and understanding of the everyday German spoken today. The etymology of certain words will be discussed, and the rules of grammar will be explained on request. This term we will continue reading selected chapters of the instructor’s memoirs, which the instructor will email prior to the first class. The class will continue to cover his three summers earning money as a coal miner in West Germany starting in 1960.

**NOTE:** Students should have a basic knowledge of German. Because there is no clear definition of “basic knowledge,” the instructor invites students to attend the first class to find out if their knowledge is sufficient to profit from the course.

**LANG100** · 10 Sessions  
class size 15  
Wednesday · 11:00AM–12:30PM  
1/5/2022–3/9/2022  

**INSTRUCTOR:** Udo Gorsch-Nies is a native German speaker. He immigrating to the U.S. in 1992, he became a citizen in 2004. His professional background is in high energy/elementary particle physics, serving in positions at CERN in Geneva, Switzerland, and at three scientific institutions in Berlin and the Berlex Biosciences in Richmond, California.

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**Reconstruction: The Battle After the War**

This course is about the struggle of freed people to be treated as freed, human, and equal during the period from 1865 to 1900. We will trace the crucial roles played by Presidents Lincoln, Johnson, and Grant during that time of striving along the tortuous path of presidential, congressional, and military reconstruction. We will learn about the Freedmen’s Bureau, carpetbaggers, and scalawags. The Ku Klux Klan will be tried, and jailed, only to be released as the courts of the United States ended the progress of Grant’s radical reconstruction. It was a chaotic time. It was a time of inhumanity—an inhumanity that we have seen continue through the 20th century and into the 21st. Through course lectures, with time for questions, we will witness the last half of the 19th century as it was never taught in civics class.

**HIST124** · 10 Sessions  
class size unlimited  
Tuesday · 1:00–3:00PM  
1/4/2022–3/8/2022  

**INSTRUCTOR:** Michael Wells holds a Bachelor of Arts in political science and a Juris Doctorate. He practiced law in Oregon and California as a member of the state and federal bars for 32 years. He taught legal research and writing at Humboldt State University and has taught a number of history courses at OLLI in the last few years. He has taught this course one time previously at OLLI.
Exotic Travel

In this lecture course, speakers will present their experiences while traveling to interesting, off-the-beaten-path places in the USA. Does exotic USA sound like an oxymoron? You be the judge. On Jan 7, Mary Kwart will talk about the Pacific Crest, Appalachian and Continental Divide trails, and the less traveled Oregon Desert and Bigfoot trails. On Jan 14, Jay Ach will describe his work at the Juneau Icefield in Alaska. On Jan 21, we will hear more about Alaska. Maria Geigel will talk about the Copper River, Denali, the Kenai Peninsula, and Wrangell-St. Elias National Park. Mary Kwart will talk about the Brooks Range and the Chilkoot trail. On Jan 28, Scott Dixon and Joan Cress will show us the least exotic place in our line-up, Puerto Rico. On Feb 4, Maria Geigel will describe Utah hikes that are not in the national parks, and a llama trip and other hikes in Washington. There will be opportunities for questions.

**LANG105 · 5 Sessions**

class size unlimited
Friday · 1:00–3:00PM
1/7/2022–2/4/2022

**INSTRUCTOR:** Maria Geigel loves to travel and has visited 45+ countries for pleasure and business. She enjoys learning about countries she has not visited and getting ideas for future travel.

Great Historic and Artistic Coins of the Ancients

This course will comprehensively study the ancient cultures in the Greek, Roman, and nonclassical world as reflected in their coinages, which were a primary means of civic and artistic representation in those times. Our scope is from the initiation of coinage in Asia Minor at about 650 BC to the end of the Roman Empire in the west in 476 AD. We will see the progression of artistic style, from the archaic to art in the classical and Hellenistic periods. We will focus on masterpieces of coinage, which constituted some of the greatest artistic accomplishments of the ancients, and will encounter images of vivid figures of the past such as Cleopatra, Caesar, Brutus, Augustus, and Alexander the Great and place these figures in their historic context. In addition to Greeks and Romans, we will consider the Carthaginian kingdom in North Africa, the Jewish revolts, and the Celtic world. Presentations will be PowerPoint slides, with copious maps, photos of sites and coins, and videos.

**LANG162 · 8 Sessions**

class size unlimited
Tuesday · 3:30–5:00PM
1/4/2022–2/22/2022

**INSTRUCTOR:** Bob Wetmore received a master’s degree in European History from the University of California, Berkeley, and has studied ancient coinage, and collected it, for thirty years. He has taught courses at OLLI in ancient Rome and ancient wine. This will be his third time teaching this course.

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**Welcoming Seniors, Building Community**

Ashland Senior Services Division supports the diverse needs of local seniors and their families. We offer free or low-cost recreation, fitness, education and support services at Ashland Senior Center and other locations.

**CONNECT WITH US TODAY!**

AshlandSeniorServices.org | 541.488.5342 | SeniorInfo@ashland.or.us
@AshlandParksandRec #AshlandParksandRec #APRC #FunItsInOurNature #AshlandSeniorServices
Indian Vegetarian Cooking

Enjoy an engaging way to learn a new cuisine: Indian Vegetarian cooking based on Ayurveda. The course will introduce new programs and recipes. Each week for four weeks students will receive an email with an introduction and links to two of Kumud Gokani’s previously recorded award-winning TV shows to view at home. If students have any questions after they have tried the recipes, they can submit them to Gokani by email and she will answer them personally or in the weekly email with links to the next two cooking programs. There is no need to have previous knowledge. It’s a great way to learn a new way of cooking. The class is completed on the students’ own time without regularly scheduled meetings. If there is interest (minimum 15 students), there will be a bonus live Zoom class in week five. Students will receive two recipes ahead of time and will cook along with Gokani online in real time. The “live cooking class” will simulate the common activity in Indian culture of group cooking.

**LANG150 · 4 Sessions**  
class size 50  
Monday · 12:00–12:00AM  
1/31/2022–2/21/2022

**INSTRUCTOR:** Kumud Gokani has been teaching cooking classes on a regular basis since 1999 and has had a weekly TV show since 2000. She is the author of two cookbooks, including “Feed the Beloved Soul: Ayurvedic Vegetarian Cooking.”

Spanish for Absolutely True Beginners

Have you always thought that you’d like to know some Spanish but never got beyond “Cerveza, por favor?” Maybe you’ve picked up some 25 random words of Spanish, but you can’t put together complete sentences? Then this is the class for you. You will do a lot of listening and responding to spoken commands, very short questions, and entire stories. You’ll learn to recognize many common words and phrases useful for surviving in Spanish-speaking areas. You’ll be able to say, read, and write the same vocabulary and gain confidence to continue learning. You will pick up basic grammatical structures as part of the stories and conversations you hear and help create, but we don’t need big fat grammar books and tedious lists.

**NOTE:** This class is for you if you have never-ever-ever studied Spanish before, even in the previous century, even if you swear you remember nada. Students who want to practice their rusty language skills are encouraged to look elsewhere. This is the SAME class that was offered in Fall 2021. Students from that class are NOT ADVISED to take it all over again.

**LANG156 · 8 Sessions**  
class size 25  
Tuesday, Thursday · 9:00–10:30AM  
1/18/2022–2/10/2022

**INSTRUCTOR:** Teri Coppedge has earned a BA in Spanish, an MA in Teaching Foreign Languages (Spanish), and both Oregon and California teaching licenses. She has studied or worked in Spain, Mexico, and Peru. She loves teaching, learning, reading, and speaking Spanish. Since the 1990’s she’s taught at middle and high schools, colleges, and OLLI, her favorite. She knows that monolingualism can be cured.
Life Planning

Organize your intentions through financial and end-of-life planning.

Disaster Preparedness: The Really Big One

If you have already lessened your property’s fire vulnerability and have planned for how to evacuate yourself and loved ones, congratulations! But what about other disasters? Students will learn about how to prepare for earthquakes, wildfires and other risks in the Rogue Valley. The instructor will discuss alert systems, family disaster plans, emergency kits, go-bags, “2 Weeks Ready” supplies, and evacuation during a fire versus sheltering-in-place after an earthquake. He will also address community programs, training, and online resources. Recommended reading: “The Really Big One” by Kathryn Schulz, New Yorker, 7/13/2015. Its subtitle: “A [Cascadia] earthquake will destroy a sizable portion of the coastal Northwest. The question is when.” This is a Zoom lecture course with some videos; sessions will be recorded. For more info about this course (and a link to “The Really Big One”) see https://communicrossings.com/disaster-preparedness

LIFE114 · 3 Sessions
class size 60
Thursday · 11:00AM–12:30PM
1/6/2022–1/20/2022

INSTRUCTOR: Steve Weyer has been a member of Ashland CERT since 2010. He maintains preparedness skills—medical triage, disaster planning and response, team organization, and radio communications—through ongoing CERT and FEMA courses. Weyer also helps train other community and CERT members, e.g., Map Your Neighborhood, CERT Trainings.

Fundamentals of Investing

In this mostly lecture class, the instructors will cover the basics of stocks, bonds, real estate and alternative investments before moving on to address how to combine various asset classes into a diversified portfolio. Investment vehicles such as mutual funds and exchange traded funds will also be discussed, as well as passive versus active investing, market timing, investor behavior, socially responsible investing, and tax considerations. At the end of the class, students will have the tools to either do their own investing or be able to evaluate what their advisor is doing. The instructors will not make specific investment recommendations. There will be home assignments and time for class discussion. No prior investing experience is required.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

LIFE122 · 4 Sessions
class size 75
Monday · 3:30–5:00PM
1/10/2022–2/7/2022

INSTRUCTORS: David Savage is a certified financial planner and president of Savage and Company Wealth Management, LLC. He holds degrees from the University of Oregon and Eastern Oregon University. Savage has been a financial advisor since 1994 in both California and Oregon. Adam Thompson is an investment management associate at Savage and Company. He holds degrees from Reed College and the University of Southern California.

NEW! Green Burial: The Greenest Way to Go

Let’s face it! We are all going to “go” one of these days and green burial is the greenest way. Learn about the science and practice of green burial, and other alternative disposition methods like water cremation and human composting. We will discuss the green burial “movement” and its connection with land conservation and restoration. After the course has concluded, there will be an optional in-person field trip not affiliated with OLLI or SOU. We will visit The Forest Conservation Burial Ground, a natural burial ground at Willow-Witt Ranch, to see green burial and land conservation in action.

LIFE112 · 2 Sessions
class size 20
Wednesday · 1:00–2:00PM
2/23/2022–3/2/2022

INSTRUCTOR: Mary Ann Perry is a hospice respite volunteer, home funeral guide and green burial educator. She is also the sexton at The Forest Conservation Burial Ground. She holds a BS in Natural Resource Planning and Interpretation from Humboldt State University and an MA in Teaching from Southern Oregon University.

NEW! Planning for the Solo Ager: A Team Approach

A solo ager is someone who might have no partner due to personal choice, death of a spouse, or a divorce. Solo Agers may be childless or have an estranged family; their family might live at a distance, or be unwilling to participate. With no family member able or willing to step in as the need arises, they must plan differently and consider appointing professionals to help with legal matters and/or caregiving. The demographics of solo
agers are growing, and they have unique planning needs in all aspects of their lives. This seminar will explore how a team of professionals is desirable to address their needs. This team of presenters includes a trust officer, an aging life care manager, an attorney, a financial planner, an insurance provider, and a caregiving specialist. This 2-session Zoom course will use PowerPoints and lectures to cover these important areas, and there will be time for participants to ask questions of each presenter. A list of articles for further reading will be provided.

**LIFE109 · 2 Sessions**  
class size unlimited  
Tuesday · 11:00AM–12:30PM  
1/11/2022–1/18/2022

**INSTRUCTORS:** Ellen Waldman’s Masters Degree is in Transpersonal Psychology, and she is a care manager certified as an advanced professional member of the Aging Life Care™ Association. Waldman is the owner and principal of Senior Options, LLC, since 2000. Beth Knorr is the Senior Vice President and Director of Trust Services for Oregon Pacific Bank. She has over 19 years of trust administration experience.

**NEW! Preventing Falls and Staying Safe in Your Home**

While most older adults prefer to age in their own homes, falls are an unfortunate but common occurrence that can threaten that desire. Their health, finances and independence may be impacted, and a fall can lead to moving to a long-term care facility. If you or a loved one has fallen or ever worried about falling, this course will provide valuable information. It will discuss why falls are such a serious problem as we age, provide some simple steps to help prevent falls, and explain how those living in low-and-moderate income households can receive free fall risk assessments and installation of effective safety equipment. The second session of this class will feature two guest presenters: Kelly Lambert, a licensed occupational therapist who does in-home fall risk assessments; and Jim Pierce, a licensed and bonded contractor who installs low-cost, high impact safety equipment. There will be extensive opportunities for Q & A with these experts.

**LIFE113 · 2 Sessions**  
class size unlimited  
Tuesday · 3:30–5:00PM  
1/25/2022–2/1/2022

**INSTRUCTOR:** David Doi is the executive director of Rebuilding Together Rogue Valley (RBTRV), a local nonprofit that helps older adults and people with disabilities stay in their homes. RBTRV has performed over 1000 fall risk assessments and installed relevant safety equipment. Its services are free to low-and-moderate income individuals.

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**Giving to OLLI**

No gift is too small. You are encouraged to contribute in your own way.

**When you support the Annual Fund...**

you help keep membership fees low, provide scholarships for members who need them, keep program quality high, provide technical support, give our volunteer instructors support, and balance the budget.

**When you support the Legacy Fund...**

you ensure a bright future for OLLI. The Legacy Fund is available to receive a planned gift from your will, your trust, or through current gifts. The fund is administered by the SOU Foundation as an endowment. The principal of your gift remains intact and the earnings are used to fund the OLLI annual operating budget. You can use other instruments such as a charitable remainder trust or a tax-free transfer from your IRA.

For more information or to donate to go: inside.sou.edu/olli/giving
Belief and the Shakespeare Authorship Question

Mark Twain described Shakespeare as “…a brontosaurus. Nine bones and two hundred barrels of plaster.” Charles Dickens said “It is a great comfort, to my way of thinking, that so little is known concerning the poet. The life of Shakespeare is a fine mystery and I tremble every day lest something turn up.” The instructor’s lectures will present verifiable fact-based reasons for those opinions, propose an alternative candidate for authorship, and encourage a full range of questions and viewpoints while examining the premises. No prior knowledge is required, and ample time will be given for questions. A suggested reading list will be provided in the last class.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

Best American Short Stories 2021

In her introduction to “The Best American Short Stories 2021,” guest editor and celebrated two-time National Book Award winner, Jesmyn Ward, says that the best fiction offers the reader a “sense of repair.” Ward writes that the stories in this year’s collection accomplish just that: immersing the reader in powerfully imagined worlds which inject some of that power into the readers’ lives as poignant reminders of the possibilities of fiction. In class, we will discuss each story in depth focusing on point of view, language, emotional impact, structure, character development, and overall effectiveness. Students should expect to read each story more than once. This year’s edition includes stories by George Saunders, Jane Pek, Tracey Rose Peyton, Gabriel Bump, C Pam Zhang, Kevin Wilson and others.


NEW! Ecopoetics and the Sublime

Ecology derives from the Greek, “oikos,” meaning household. This course will comprise readings, lectures, and discussions of Western poets who raise the possibilities of moving from an anthropocentric perspective to a biocentric perspective. The selected texts encourage us to include nature in our understanding of the household we all belong to and the members calling for our attention. Students will engage with three types of Ecopoetry: nature, environmental, and ecological. We will explore natural encounters with the sublime through 20th and 21st century poets from Robinson Jeffers to Pamela Uschuk. Poetic forms presented will range from elegies, praise poems and meditations to jeremiads, list poems and rhapsodies. Other than a healthy curiosity and openness to poetry, students need no prior preparation.

NOTE: Instructor will post copies of poems for discussion online, and students will be expected to print and mark up poems with their observations prior to each class.

NEW! James Shapiro’s SHAKESPEARE IN A DIVIDED AMERICA

In this lecture and discussion course, we will examine James Shapiro’s efforts to use American responses to Shakespeare’s plays to offer “a fresh perspective on the history of the US, …one that may shed light on how we
have arrived at our present moment, and how, in turn, we may better address that which divides and impedes us as a nation.” In this 2020 study, Shakespeare scholar Shapiro looks closely at a number of “defining moments in America’s history” through the lens of specific Shakespeare productions from those periods. In addition to focusing on his discussion of “Othello,” “The Tempest,” “The Taming of the Shrew,” and “Julius Caesar,” we will consider other questions about Shapiro’s text raised by class members. Although students might find it helpful to review the four plays mentioned above, neither detailed textual knowledge of the plays nor the historical time periods is required.

NOTE: Students will be expected to have read Shapiro’s book by the beginning of the course.

NEW! MOBY DICK
Rediscovered in the 1920’s, Melville’s narrative about the monomaniacal, fiery Captain Ahab’s hunt for revenge against the white whale is a dramatic and poetic masterpiece well worth the voyage. This story of Capt. Ahab, “a man divided, seared and parboiled by the conflagration raging inside him,” takes a strong knowledge of western civilization to understand. Even after reading it multiple times, one always finds newly surprising uses of allegory and metaphor. The depth of symbolism has left a significant mark on not just literary culture but other art forms as well, inspiring films, radio dramas, cartoons, comic books, even a television mini-series. After the introductory lecture and a film about the whaling industry in the 19th Century, the class will concentrate on discussions of the novel’s 135 chapters which unfold issues of slavery and democracy, evangelism and doubt, brotherhood and tyranny, all embedded in a whale’s tale still filled with universal truths.


NEW! John Steinbeck’s THE GRAPES OF WRATH
One critic called this “As great a book as has yet to come out of America.” We will learn the truth of that assessment by reading and discussing this novel about the Joad family who suffered the heart-breaking hardships of the Dust Bowl during the Great Depression. Steinbeck’s lucid text describes the family’s harrowing encounters with the law and other Hooverville migrants on the road to California. The book earned him both a National Book award and a Pulitzer. Willingness to read a 450-page novel is essential, as is a willingness to react, reflect, and respond because shared insights will enrich the class’s understanding and appreciation. The first eight chapters should be read before the first class; any edition is acceptable.

LIT165 · 6 Sessions
class size 50
Wednesday · 1:00–3:00PM
1/26/2022–3/2/2022

INSTRUCTOR: Susan Stitham taught Shakespeare and history in Fairbanks, Alaska over two different centuries to students from ages 13 to 93, and she has taught at OLLI at SOU since 2011. Happily, this course combines her two favorite subjects to study and discuss: Shakespeare and turning points in American history.

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LIT161 · 6 Sessions
class size 18
Tuesday · 11:00AM–12:00PM
1/4/2022–2/8/2022

INSTRUCTOR: Morgan Silbaugh majored in English in college and earned an MA in English Literature from Cornell. He is an experienced facilitator of small groups, and this will be his tenth year teaching at OLLI. He works to create a safe environment where understanding can grow through conversation.
NEW! Reading Circle: Jane Austen’s LADY SUSAN

Jane Austen wrote “Lady Susan” when she was only 19, though this short epistolary novel was not published until 55 years after her death. Students will read “Lady Susan” aloud, discussing the plot and characters depicted in each of the 41 letters that comprise the book. The letters are exchanges between Lady Susan and several of her relatives and friends. In them, Susan Vernon is revealed as scheming and corrupt—startlingly dissimilar to the younger and indubitably moral lead characters of Austen’s better-known novels. Videos and a TED TALK will supplement the instructor’s remarks about Jane Austen and the era she depicted. Each student will need a copy of “Lady Susan,” it’s readily available in many formats. The instructor hopes that all students will volunteer to read weekly. Students who miss a class will need to read the text covered in the missed class or risk being very confused.

LIT163 · 4 Sessions  
class size 20  
Friday · 11:00AM–12:30PM  
2/18/2022–3/11/2022

INSTRUCTOR: Camille Korsmo has a BA in English and has been a reader (and re-reader) of Jane Austen’s books since college. Korsmo has taught OLLI classes in history and paper crafts as well as reading circles of several titles—fiction, non-fiction, and drama.

NEW! Toward Shakespeare’s Final Vision

In the four plays now dubbed “The Late Romances,” Shakespeare worked to convey a culminating vision of human life. It was gestating, however, during his entire career as a playwright. This course proposes to explore that gestation as well as appreciate its consummate expression in “The Winter’s Tale” and “The Tempest.” To that end, we’ll look at selected scenes from a number of plays, beginning as early as “The Comedy of Errors,” as well as “Macbeth,” “The Winter’s Tale,” and “The Tempest” in their entireties. It may be best, then, for those enrolled to use a complete Shakespeare anthology. The assigned readings should be done before each class, because the course will be discussion-based.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

LIT162 · 5 Sessions  
class size 25  
Monday · 11:00AM–12:30PM  
1/10/2022–2/14/2022

INSTRUCTOR: Irv Lubliner is excited to teach math, blues harmonica, and literature classes at OLLI. An emeritus professor at SOU specializing in math education, he also taught in the Bay Area for 30 years and led math seminars for teachers in 39 states. In 2019, he created Felabra Press and published his mother’s writings about her experiences during the Holocaust, the book that will serve as the theme of one of his winter courses.

NEW! The Holocaust Through the Eyes of a Survivor

Felicia Bornstein Lubliner, a Polish survivor of the Auschwitz and Gross-Rosen Nazi concentration camps, wrote and spoke publicly afterward about her Holocaust experiences. Her son, the course instructor, invites you to delve into her written stories and oral presentation transcripts, published as “Only Hope: A Survivor’s Stories of the Holocaust.” Each story will be read aloud, either by the instructor or by students who have the book. Participants will be invited to share their reactions, questions, and insights. We will discuss the historical context and lessons to be learned about that period, the universal human responses that the narratives evoke, and the relevance of the subject matter to challenges we face in modern times.

NOTE: Purchase of “Only Hope: A Survivor’s Stories of the Holocaust” is optional. It is available both as a paperback book and as an e-reader download.

LIT138 · 4 Sessions  
class size unlimited  
Wednesday · 11:00AM–12:30PM  
1/19/2022–2/9/2022

INSTRUCTOR: Trained in textual studies at Yale (BA 1961) and Harvard (MA 1963, PhD 1966), Herb Rothschild taught 22 years in the English Department at Louisiana State University, where he also directed the Honors Program. His last appointment was as visiting professor in The Honors College at the University of Houston. Author of numerous scholarly articles, for the general reader he recently published a book on Shakespeare called “Profoundly Entertaining.”
Movement

Includes all courses that involve physical movement, e.g., dance, Tai Chi, QiGong, and hiking.

These are physically active classes. By participating in these classes you accept liability for any injury that results from your activity in the class. Please consult your doctor before beginning any new program of physical exercise.

Chair Yoga

Students will learn gentle yoga poses, breathing techniques, and guided relaxation while sitting in an armless chair (with some standing poses included). No yoga mat or prior experience needed. Each week, we will focus on stretching different parts of the body using forward and back bends, side stretches, and standing poses for strength and balance. Students will learn to gently link the body and mind by focusing on the breath, which will build body awareness. This will also help to quiet the mind and balance the nervous system. The class includes some lectures and demonstrations, but most class time is spent in active student participation. All you need to bring to class is your body, your breath, your enthusiasm, and an open mind. Sit, stretch, and strengthen your way to a happier and healthier you. New and returning students are welcome. Students will be asked to sign a waiver before the beginning of the course.

MOV133 · 5 Sessions
class size 20
Monday · 11:00AM–12:00PM
1/24/2022–2/21/2022

INSTRUCTOR: Geri Esposito has studied, taught, and lived a yogic lifestyle since 1970. She has taught at the Integral Yoga Institute, Ashland Yoga Center, and Two Rivers Yoga Center. Her studies include many yoga styles: Integral, Iyengar, Ashtanga, and Kaitu. Bringing an eclectic view into the classroom, she teaches with joy and openness that allows students to build body awareness and discover the possibilities yoga can bring to their lives.

Mindful Movement: Stretching and Qigong

This class is an introduction to Qigong and simple stretching patterns. Movements will be taught both as physical and energetic exercises and as methods for improving present moment awareness and mindfulness of subtle perceptions. No special clothing or experience is required. Come as you are, ready to have fun with others! Although Qigong can be studied for a lifetime, this brief series will give you a taste of the practices you can integrate into your daily routine. Classes consist of active movements, and students must be able to move about comfortably in a home space. The repeated standing and sitting exercises will challenge and enhance flexibility, balance, and coordination. There will be an opportunity for social time with other students in breakout rooms. Students will have access to videos on YouTube. A DVD for the class is available for purchase but is not required. Students will be asked to sign a liability waiver before the first class. The class will not be recorded.

MOV130 · 4 Sessions
class size unlimited
Tuesday · 9:00–10:30AM
1/18/2022–2/8/2022

INSTRUCTOR: Nando Raynolds, MA, works in private practice as a psychotherapist with couples and adults and has studied and taught T’ai Chi, Karate, Kenpo, Qigong, and massage over the last 40 years. He has used breathing and mindfulness practices in his work for many years and has trained as a breathing meditation teacher.

Start an OLLI SIG (Shared Interest Group)

SIGs have “gone virtual” for winter 2022

► Any OLLI member can propose a SIG
► One or more SIG members facilitate the SIG
► SIG members decide when and how often they will meet (online)

Find out more!

SIG Coordinator Barb Barasa: barb@websitings.net · 541–621–2739

Or visit the OLLI website: inside.sou.edu/olli/shared-interest-groups.html
Moving Meditations, Visualization and Dance

This is a mindful, meditative dance practice intended to cultivate joyful living. Using empowering music, gentle moving dance meditations, and other mindfulness practices, participants are invited to envision, attract, and embody health, strength, love, and peace and/or whatever else is personally relevant to them individually and collectively. Dance or movement experience is not necessary. In fact, this metaphysical practice (prayer or visualized embodied intention) is highly accommodating and is recommended for those with discomforts or mobility issues, including those who prefer to sit. Seasoned dancers will dig it too! Everyone is welcome and encouraged to bask in the nourishing energy created. We will sing, dance (or sit), play (increase joy and laughter), and pray and visualize (meditate). We will have fun with color and geometrical fields (force fields). Students will be asked to sign a waiver before the first class.

NOTE: If students want copies of previously produced support DVDs and music and dance notes for the class, there will be an $11 fee payable to the instructor by the first class. The materials are not required for the course. Classes will not be recorded.

MOV121 · 9 Sessions
class size 8
Wednesday · 11:00AM–12:00PM
1/5/2022–3/2/2022

INSTRUCTOR: Monica Caldwell is passionate about sharing her extensive dance experience and knowledge with all. She combines traditional choreography with empowered authentic and inspirational movement. She has toured extensively, collaborating with amazing artists and shamans from around the globe. Caldwell has been teaching professionally since age 15 and has literally taught thousands of classes.

Nature

Includes courses that explore the natural world and our relationship with it.

Have Fun Learning About Birds

Photography of birds and landscapes are combined with fun facts and science in this repeat course that always includes new content. Using PowerPoint and lecture, the classes focus on how learning about birds and nature is fun and enriching. Content varies from learning about local birds, to knowing about places in nature to go birding, learning about the songs of birds, their Latin names, migration, and other fun bird facts. No birding knowledge is necessary. There is no prescribed reading or homework. This is a come, sit back, and enjoy the presentation sort of class.

NAT128 · 4 Sessions
class size unlimited
Thursday · 9:00–10:30AM
2/3/2022–2/24/2022

INSTRUCTOR: Shannon Rio is board president of the Klamath Bird Observatory, a science based non-profit dedicated to protection of birds and the environment they need to survive. She is also a Family Nurse Practitioner, yoga teacher, grandmother, and lover of the world of nature.

Hawks!

These fascinating creatures have captured our imaginations in ways that few other bird groups do; easily seen (but tough to identify), hawks push our primal poetic buttons. This PowerPoint and lecture presentation will examine the natural history of diurnal raptors—what makes a hawk a hawk, anyhow? There is more than one answer! We will talk about taxonomy, anatomy, and the lifestyle that defines these beautiful animals, and also investigate hawks’ relationship with humans throughout history. This is NOT an ID class but, at the end of this course, you are guaranteed to be a hawk enthusiast! This session will NOT be recorded.

NAT135 · 3 Sessions
class size 30
Tuesday · 9:00–10:30AM
1/4/2022–1/18/2022

INSTRUCTOR: Dick Ashford has served as Board President of Klamath Bird Observatory (KBO) as well as Board Chair of the American Birding Association. He is Emeritus Director of the KBO Board. He originated the San Francisco Bay Flyway Festival’s popular “Hawk Heaven” outings, and teaches the
NEW! In Love with Lavender

As the Rogue Valley summers grow hotter and drier, home owners are becoming more interested in drought tolerant plants. Lavender is native to the Mediterranean area which shares growing conditions that are similar to ours. This course will cover topics related to lavender varieties, plant selection, planting, growing, harvesting, and pruning. Week 1 will enable students to identify the type of lavender already growing in their garden, evaluate their growing conditions, and problem-solve possible remedies. Week 2 will look at the many ways to use lavender in cooking and crafts. Little or no knowledge of gardening is needed for this course. Instruction will include lectures, handouts, demonstrations, and PowerPoint presentations with opportunities for questions and answers. This course is for home owners who are new to lavender and want to know more, as well as those who are in love with lavender and can’t get enough.

NAT114 · 2 Sessions
class size unlimited
Thursday · 1:00–2:30PM
3/3/2022–3/10/2022

INSTRUCTOR: Rosenelle Florencechild completed the Jackson County Master Gardener Program and served as Head Gardener of the OSU Extension Lavender Garden in Central Point. She has presented workshops on lavender at garden clubs throughout Jackson and Josephine Counties, at Jackson County Master Gardener Symposium Winter Dreams/Summer Gardens, and at Josephine County Master Gardener Seeds of Spring. Florencechild belongs to a number of local garden clubs.

Medical Hazards in the Wilderness

People who enjoy the outdoors have an appreciation of the beauty and complexity of nature. This course will highlight the incredible strategies that plants, animals, bacteria, viruses, and parasites have to propagate and adapt. Unfortunately, some of these strategies can impact human health, which will be the basis of this course. Lecture and PowerPoint topics will include: plants, wild animal attacks, parasites, snakes, tick borne diseases, sun and skin, spiders and insects, fungal infections, and parasites. A science background is not required, just curiosity and an interest in understanding our complex ecosystems.

Plan and Grow a Garden for Beauty and Biodiversity

This interactive lecture course is presented from an artistic and amateur scientific point of view designed to appeal to all levels of pollinator, bird, wildlife, and general gardening enthusiasts. Based on the premise that great beauty can be achieved while simultaneously increasing biodiversity, students will be presented with steps needed to create multi-seasonal pollinator and wildlife habitat that will enhance not only the beauty of their property, but also recreate the natural biodiversity of their communities. Students learn the basics to qualify their garden for certification as a monarch butterfly way station or a pollinator site. New content explores the importance of healthy soil and how to achieve it, as well as a 5th session devoted to plants and strategies for gardeners with shady garden sites. Students need not have a garden to participate or enjoy this class. No textbook required. Recommended: “Real Gardens Grow Natives” by Eileen Stark; Soil Building by Elizabeth Murphy.

NAT102 · 5 Sessions
class size 35
Tuesday · 11:00AM–12:30PM
2/1/2022–3/1/2022

INSTRUCTOR: Robin McKenzie is a landscape designer in Talent, specializing in transforming urban gardens into sustainable ecosystems to benefit wildlife and people. An energetic speaker, she is passionate about preserving Monarch butterflies and has presented to many garden groups throughout Oregon. She earned her BFA at the University of Colorado and considers garden design one of the fine arts, with living plants for paint and the garden as her canvas.
The Pacific Crest Trail

It’s not the destination—it’s the journey. In these contemporary times, some people struggle with making a big transition in life, securing a real accomplishment, or simply getting in touch with their true self. One way people take up the challenge is to literally head for the wilderness and “hit the trail” by hiking the Pacific Crest Trail, a 2,650-mile-long footpath along the mountainous spine of the west coast. This course looks at the development and history of a trail that goes from the border with Mexico, north to the border with Canada. This national scenic trail has recently become popular after the publication of the book “Wild,” by Cheryl Strayed, and a movie of the same name. The trail beckons hikers from around the world to begin a hike in the searing desert heat and complete it in the freezing snows of the north. What motivates them and keeps them going? Classes will include lectures, slides, videos, and plenty of time for discussions.

NAT115 · 4 Sessions
class size unlimited
Tuesday · 11:00AM–12:30PM
2/15/2022–3/8/2022

INSTRUCTOR: John Schuyler is a retired forester, who received a BS in forestry from the University of California at Berkeley. During his 32-year career with the USDA Forest Service, he worked on national forests in Oregon, California, and Arizona -- working in timber management, recreation, minerals, planning and administration. Schuyler now spends his time building trails and stewarding a 5-acre parcel of forest.

Personal Exploration

Includes strategies for enhancing relationships, improving psychological and emotional wellness, and enriching spiritual development, meditation, and stress-reduction.

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Certain OLLI classes, particularly psychology classes, may explore personal experiences of an emotional nature. Those who would like to further discuss special concerns are encouraged to do so with a licensed professional in the field.

Breathwork and Mindfulness

Hack your neurology! Breathwork is a powerful way to influence states of consciousness and overall well-being. It’s particularly powerful when combined with self-compassionate mindfulness. This introductory class will present an overview of breathing science and introduce a rich menu of different breathing practices. In this class you’ll get experience with a wide variety of different breathing approaches that you can then incorporate into your daily life. Want more energy? Want to calm down and reduce anxiety? Want to boost your immune system? Want to change your consciousness? There are breaths for all these desires. The class is for people in good health. We’ll breathe hard, fast, slow, deep, shallow; hold our breath; and tolerate the way this impacts our blood flow and blood pressure. Breathing patterns can create dizziness and other short-lived symptoms. Students will sign a liability waiver prior to the first class.

PERS232 · 4 Sessions
class size unlimited
Thursday · 9:00–10:30AM
1/20/2022–2/10/2022

INSTRUCTOR: Nando Raynolds, MA, works in private practice as a psychotherapist with couples and adults and has studied and taught T’ai Chi, Karate, Kenpo, Qigong, and massage over the last 40 years. He has used breathing and mindfulness practices in his work for many years and has trained as a breathing meditation teacher.
Creating an Extraordinary Life

This course is an opportunity to discover and connect more fully with your true self and become the conscious co-creator of your life. Students will discover false assumptions they hold about themselves and others, along with expanding their connection and trust in the wisdom of their internal guidance. Interactive lectures, discussions, and journaling will facilitate the development of the conscious connection to their true nature. Discovering who we are at our essence, the passions of our soul, and our purpose in life can be a pathway to a happier and more productive life. This is an interactive experience in which students and teacher learn from each other. There will be brief homework assignments and students will need a journal.


PERS210 · 8 Sessions
class size 20
Thursday · 11:00AM–12:00PM
1/6/2022–2/24/2022

INSTRUCTOR: Charles “Al” Huth has a Bachelor of Science degree and a Master of Education degree. He is a retired California public school teacher who taught psychology and motivational classes in high school and in adult education. His love for teaching and a desire to help others inspires his participation in classes to enhance our lives. He has four published books.

NEW! Deeper Explorations into the Power of Now

Between the imagined future and the dead past there is in our minds a moment of blissful but fleeting presence described by noted visionary Eckhart Tolle as “The Now.” Accessing this elusive space allows us to fully embrace all that is real to us in every evolving moment of our life. By learning to dwell within this clarity of presence, Tolle believes that we will be able to achieve and maintain the peace of mind that all humans are seeking. During the highly interactive roundtable wisdom-sharing class sessions, with the instructor’s guidance, students will discuss passages from the book that they find particularly valuable or challenging. Wise use of Tolle’s suggestions can allow us to move into a deep and uncommon mental realm where problems do not exist. We will empower each other to progress towards real communion between self and others. The goal is the intersection of Truth and Awareness with The Now so that we can create a blissful Acceptance of All That Is.


Exploring Your Miraculous Brain, Part 2

Your three-pound brain has been called the most complex structure in the known universe. It creates your experience, stores your memories, and gobbles up 20% of your body’s energy. In this course we continue our study of the miraculous brain, moving into new areas. During the first class meeting, we will review the material from Part I taught in Fall 2021. After this review of the brain’s basic organization and function, we will apply this knowledge to understanding the brain as a prediction machine, how willpower works or doesn’t work, the gut-brain axis, and finally, consciousness and self-transcendence. This introductory course is based on the latest scientific information and will be presented through lecture, full color slideshows, some discussion, and questions and answers.

PERS120 · 5 Sessions
class size unlimited
Tuesday · 11:00AM–1:00PM
1/4/2022–2/1/2022

INSTRUCTOR: John Kalb has 40 years' experience as a wellness chiropractor. He completed his pre-med training at N.Y.U., earning a BA in psychology and chemistry, and then earned his MS degree from the University at Buffalo in biology. Kalb has additional postgraduate training in neuroscience and gerontology. He has recently published his third book, “Keep Your Marbles: Your Game Plan for a Healthy Brain.” This is his tenth year teaching at OLLI.

Check your email spam for OLLI emails
NEW! Journaling for Self-Exploration

This eight-week course combines self-exploration with journaling, art, and visualization techniques. Each week students will explore a different artistic and writing activity to delve deeper into their experience of self. Exercises and group discussions are the main focus as well as a few short lectures. There is no assigned homework, though participants may want to finish what they started in class. Some of the themes covered in this course include: developing a routine for your journal practice, documenting your historical roadmap, archetypes and your superpowers, changing the stories you tell yourself, and how to share your story. Students will need a journal and writing materials.

PERS239 · 8 Sessions
class size unlimited
Tuesday · 1:00–2:30PM
1/4/2022–2/22/2022

INSTRUCTOR: Gretchen Kirkpatrick holds a Masters degree in the science of education. Over the course of her career she has provided in-service training for professionals and other trainings for adults as well as teaching English in high school. This course comes out of the work she has done and continues to do to expand her personal creativity and understanding of herself.

NEW! Journaling with Joy

Discover the joys of journal writing for creative self-expression. In this lighthearted course, students will learn about the benefits of journaling for personal growth, wellness, and something we all need more than ever... fun! Along with some brief lectures, most of our class time will be spent engaging in experiential activities and sharing with each other. (While sharing is encouraged, it is always optional.) All you need is a journal or notebook and some of your favorite colorful pens. For optimal benefit, please also bring your curiosity and a playful spirit!

PERS243 · 2 Sessions
class size 8
Thursday · 11:00AM–12:30PM
2/10/2022–2/17/2022

INSTRUCTOR: Elisa Friedlander is a licensed psychotherapist in private practice and works with clients, virtually, in Oregon and California. As a therapeutic writing specialist, she facilitates workshops and therapeutic writing groups globally and provides private consultations. Friedlander discovered her passion for writing at the age of six and knows, first-hand, the joy and transformative power of journaling. For more information visit: www.InkToInsight.com.

Mandalas of Presence: Teachings and Practices

This course is a basic orientation to Presence. This is made accessible through an embodied Practice of Presence using the basics of ordinary ongoing human experience. Presence is the teacher, and the path is not based on belief, authority, or special experiences. Drawing on the contributions of various teachers (notably Hameed Ali and Gurdjieff), a unique path of teachings and practices evolved over many years that was marked by the creation of a series of mandalas. The class will journey through a series of seven core mandalas that integrate the spiritual, psychological, and embodied levels of being human. A deep understanding and practice of this path will serve as a contribution to the universal and integrated spirituality emerging in our times. Lecture, practice, and discussion will be used. This course is for anyone with a desire to go deeper into the mystery of being human in a systematic way.

NOTE: There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

PERS176 · 9 Sessions
class size unlimited
Monday · 1:00–3:00PM
1/3/2022–3/7/2022

INSTRUCTOR: Edward Hirsch has a BA in philosophy from Queens College, NY, and an MA in Transpersonal Counseling from John F. Kennedy University, CA. He studied with Adi Da for two years and with Hameed Ali for over six years. The Practice of Presence he developed is a unique integration of philosophy, psychology, and spirituality, with a grounding in yoga. Sharing it with others in small groups has been an integral part of its 30-year evolution.

Native American Women Changemakers

Native American women are often framed in terms of colonial patriarchal values, needs, and guilt that invent and distort the images of who they are. When the voices of Native women break through the layers of stereotypes by telling their lives through their poetry and prose, they define themselves and their communities on their terms. Explore the stories within the lives of Native American women poets, scientists, social activists, leaders, economists, and artists. Discover the meaning of female sacred spirits in Native American spirituality. Explore the impact of colonization on the lives of Native American women as together we get “woke” as sister nations. Students can benefit from repeating this course since it combines lecture, local Native American women guest
speakers, discussion on current events that impact Native Americans, and ritual circle sharing as well as out-of-class readings and reflective writing and/or journaling.


**PERS141** · 8 Sessions  
class size unlimited  
Tuesday - 2:30–4:30PM  
1/4/2022–2/22/2022

**INSTRUCTOR:** Louise M. Paré holds a Ph.D. in women’s spirituality from CIIS and an M.A. in religious studies from Mundelein College. She is an international women’s spirituality and movement educator and published writer with 30+ years experience. A former instructor at United Tribes Technical College, Bismarck, ND, she was a participant in the 2016-2017 Decolonization Workshop Series sponsored by Red Earth Descendants.

**NEW!** Secrets of the Tarot

The secrets of the Tarot are shrouded in the mysteries of the ages. Tarot has withstood history and stands out as a familiar, though largely misunderstood, instrument for humanity to listen to the soft voice of the Universe. The art of Tarot Card reading can be a personal journey of self-discovery or a bridge between yourself and someone seeking guidance and reassurance for his or her path ahead. Students will ponder the shrouded history of the Cards, considering their origins and use as well as learning the basics of reading them. Based on his 30 years of experience, the instructor will share with students all that he knows and feels regarding Tarot, and guide students to develop and strengthen their own intuitive voice so they may benefit from the wisdom of the Cards. Learn the Tarot, learn of its debated past and how it has evolved into the 21st century. Consider it a parlor game or a tool of enlightenment—any path one takes from the knowledge of Tarot will be beneficial.

**NOTE:** There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

**PERS242** · 7 Sessions  
class size 12  
Monday - 6:30–8:00PM  
1/3/2022–2/21/2022

**INSTRUCTOR:** Curt Hammond is passionate about Tarot, has studied it extensively and has 30 years of experience as a Tarot Card reader both in person and virtually. He teaches courses on the history and reading of Tarot as well as doing private readings for individuals.

**NEW!** Tapping into the Creative Side of Being Human

Sometimes it’s a relief just to be told what to do, such as follow a strudel recipe or learn a new yoga position. Often when we stop trying to be original, we discover something new. The genesis of this course is the project of artists Miranda July and Harrell Fletcher called “Learning to Love You More,” in which participants were invited to accept any of 70 assignments or prompts, complete them, and share the results with others. In this course, the prompts have been curated so that they allow students to share candid, sometimes wild, often hilarious, and quietly stunning creative lives. There will be several prompts to choose from each week, including writing, art, photography, and creating posters. The format will include discussion, exercises/activities, and sharing of completed assignments. No expertise is needed! It’s all about learning about oneself through making and doing. Students will need a camera and/or smart phone and simple drawing pencils/markers.

**PERS241** · 6 Sessions  
class size 24  
Tuesday - 11:00AM–12:30PM  
1/11/2022–2/15/2022

**INSTRUCTOR:** Linda Jaffe holds BA, MBA, and MFA degrees. She has taught OLLI writing, literature, and dance courses, and has also performed in community theater productions. She believes that creativity brings self-understanding, surprise, and joy.
The Breakthrough Discoveries of Sydney Banks

This course will explore the discoveries of Sydney Banks as presented in a recent ten-week course with George and Linda Pransky and other prominent 3 Principles teachers. People familiar with the 3 Principles and those new to the teachings will find provocative and transformative insights into the nature of Life, Consciousness and our human experience. We will delve into Syd’s teachings through his videos and also watch insightful conversations with George Pransky and others discussing these discoveries. The goal is to deepen our experience of well-being and peace and rediscover our innate joy of being alive. For a 5 minutes introduction to Syd Banks and his discoveries, a YouTube video entitled “The Genesis of the Three Principles” featuring Elsie Spittle and Chip Chipman: https://youtu.be/UJrCaOX-YJs is recommended.

PERS112 · 5 Sessions  
class size 25  
Wednesday · 11:00AM–12:30PM  
1/19/2022–2/16/2022

INSTRUCTOR: Following a degree in Computer Science and a successful career as a software programmer and entrepreneur, Dan Altman has devoted himself to a path of spiritual awakening and a quest for inner peace. He is a certified 3 Principles Transformational Coach and 3PGC Apprentice Practitioner. Altman is also an active neurofeedback practitioner and Transformational Life coach.

The Enneagram: Revelations of Essence

This course assumes students have some knowledge of the Enneagram and their personal Enneatype and focuses on how to fulfill, (not transcend, avoid, or destroy) the potential of that Enneatype. Working with Levels of Development offers a way to observe and measure the degree of non-useful identification with our Enneatype, making crucial distinctions between types and explaining internal dynamics over time. This adds the vertical dimension to an otherwise horizontal system. We will look at the 9 Enneatypes when they are healthier and more evolved, and when, under conditions of stress, they are sliding down into dysfunctional thinking, feeling, and behaving, and ultimately into neurotic suffering and self-destructive ways of being. The focus will be more on our spiritual life, and less on behavioral habits and psychological origins and structures of consciousness. The nature and purpose of Essence or Soul will be emphasized.


PERS147 · 10 Sessions  
class size 50  
Thursday · 3:30–6:00PM  
1/6/2022–3/10/2022

INSTRUCTOR: Carl Marsak, MA, founded The Enneagram Center of Ashland in 2008. He has graduate degrees in religious studies (NYU) and social and cultural anthropology (CIIS). Marsak has been studying the Enneagram since 1987 and teaching since 1999, and is certified by Helen Palmer and David Daniels as an Enneagram teacher in the Narrative Tradition. He integrates psychology and spirituality using the Enneagram as a symbol and guide.
Recreation

Includes hobbies, crafts, and games.

**NEW! Practicing the Art of French Cooking**

This course will bring the instructor’s passion for the wonderful cuisine of France, via Zoom, to OLLI at SOU. Completely lacking in classical training at a prestigious institution such as École Le Cordon Blue, Paris, he will nonetheless channel his inner (Julia) Child. From “Soupe Au Pistou” (Hearty Winter Vegetable & Bean soup) to “Poulet Sauté à la Bordelaise” (Chicken with Shallots & Artichoke Hearts), it will be demonstrated that -with “practice”- it is indeed possible to feed and entertain family and friends in a style to which they will happily become accustomed. Included will be appetizers (simple or complex?), main courses (fish, fowl, or bœuf bourguignon?), cheeses, salad, and dessert. Recipes will be provided after classes for students to practice on their own.

**REC125**  
- 4 Sessions  
- class size unlimited  
- Tuesday · 3:30–5:00PM  
- 1/4/2022–1/25/2022  

**INSTRUCTOR:** Daniel Guy is self-taught, through years of study and practice, in Mediterranean culinary arts. He has been exploring the art of French cooking since his second anniversary, some forty years ago, and while his wife enjoys his efforts, she still emphatically insists that he clean up the mess he makes. He is an experienced OLLI instructor of film and history courses.

**Romancing Your Sourdough**

During the past three years, the instructor has had a love affair with baking and savoring sourdough bread in her own kitchen. Working from several instruction books, sourdough starter from a friend, and an investment in equipment, she has baked amazing sourdough breads. She generally bakes twice a week, with two loaves each time, one for home and one to share. This online class will cover the benefits of sourdough, the equipment and ingredients needed (including what is nice to have), a basic online tartine recipe, and other recipes. Since this will be taught online with Zoom, there will also be some demonstrations and time for sharing and questions. The class will equip anyone considering diving into sourdough baking with some solid information—and, for those interested, a bit of sourdough to get started.

**REC111**  
- 3 Sessions  
- class size unlimited  
- Thursday · 1:00–3:00PM  
- 1/13/2022–1/27/2022  

**INSTRUCTOR:** Linda Anderson has baked bread for many years. In 2019, armed with a sourdough bit from a friend, she began this sourdough journey and has made from 2-4 loaves every week, sharing half with others. She has read books and taught this class twice, having a great time talking “sourdough” and sharing her passion with others.

**You Can Create: An Experiential Journey**

Did you know that many forms of creativity can relieve stress and generate joy? Did you know that your Human AND Neanderthal ancestors painted, drew and made jewelry, 40,000 years ago? Homo erectus drew stars on a rock in China nearly one million years ago. If they could, you can, too! Neuroscientists tell us creative expression of any kind has significant impact on our brains and bodies and is an innate property of all people. This experiential-learning class begins with a Zoom kick-off. It continues with online demos of dozens of forms of creative fun, such as expressive writing from memoirs to poetry to fictional universes, collage and multi-media, colored pencil and several types of painting, beauty from wire and clay, re-imagining items from nature, painted stones and much more. Explore an ocean of creative FUN with instructors, local creativity-lovers and fellow learners through the online self-paced classroom, optional Zooms, and emails. This is NOT an art skills-building class.

**REC129**  
- 2 Sessions  
- class size 99  
- Thursday · 11:00AM–12:00PM  
- 1/6/2022–1/13/2022  

**INSTRUCTORS:** Victoria C. Leo has been an OLLI online instructor since 2019 and lives for her daily creative work, particularly her well respected, ongoing science fiction series (four novels and counting) and her recent rock-painting obsession. Rick Baird tears himself away from astrophotography for twice-weekly Art Night, when he immerses himself in solar system landscapes and pet portraits on canvas and rock.
Dungeness Crab: Natural History and Physiology

While the range of the Dungeness crab extends from Alaska to central California, based on its economic importance and ubiquity, Oregon claims the ten-legged beasts as the state crustacean. Starting as one of 1.5 million eggs, each egg hatches to a less than 1mm larva (zoea) that grows by molting to an adult of 2-3 pounds in 2-5 years. The course will cover the life history, physiology of molting, mating, development, diet, locomotion, limb regeneration, respiration, and blood and anatomy of these denizens of the deep. The biology of their crustacean kin will also be discussed. After completing the course, up to thirty enrollees have the option of spending three days/nights at the University of Oregon's Institute of Marine Biology (OIMB) in Charleston where they will catch crabs from the docks or a boat, then cook and devour them. Participants would have time to tour the OIMB Marine Life Center, visit Sunset Bay and the gardens at Shore Acres, and observe marine mammals at Cape Arago.

NOTE: The cost to participants who have completed the course for the optional three-day/night visit to OIMB will be $225 per person.

STEM156 · 4 Sessions
class size unlimited
Friday · 11:00AM–12:30PM
2/18/2022–3/11/2022

INSTRUCTOR: Bernie Hartman has a Ph.D in Comparative Physiology from the University of Connecticut, and was a faculty member at such intellectual oases as University of Iowa, Texas Tech University, and Duquesne University. As a Baltimore boy and adult, he caught and ate more than his share of blue crabs. He taught and did research on the Dungeness crab sensory nervous system and muscle at OIMB for more than 15 years.

NEW! Earth’s Climate: Past, Present, and Future

We know that Earth’s climate is changing, but how do we know that human actions are a primary factor today, given that climate has changed throughout geologic time? We begin by examining the many natural factors that control climate change on timescales ranging from millions of years to just a few years. These natural influences include external factors such as the position of the continents, the orbital parameters of the Earth/Sun/moon system, and volcanic eruptions. We also consider variability arising from within the climate system, due to phenomena like El Niños and La Niñas. We then shift focus from geologic time scales to the natural and human influences on the climate of the last 2,000 years. How have scientists identified human “fingerprints” in observations of climate change? Are droughts, heat waves, and wildfires being affected by climate change? The final course segment examines projected climate changes over the next 100 years, based on different emission scenarios.

STEM107 · 6 Sessions
class size unlimited
Thursday · 3:30–5:30PM
1/6/2022–2/10/2022

INSTRUCTORS: Karen Grove is Professor Emerita in Earth and Climate Sciences at San Francisco State University, where her work included investigating Earth’s climate system. Benjamin Santer recently retired from 29 years as an atmospheric scientist at Lawrence Livermore National Laboratory and currently holds a Visiting Research appointment at UCLA. His studies of natural and human “fingerprints” in observed climate records are internationally recognized.

NEW! Fifty Years of Email

2021 marks the 50th anniversary of the first electronic message from a computer to another computer over a network. Ray Tomlinson, a contractor working for the United States Department of Defense, created software for communicating over ARPANET, the government’s network that allowed computers to access centralized computing resources. Today, email is pervasive, and it’s not going away. More than 5 billion mailboxes are in use today with many of us using more than one email account. This course will

- Review the significant events in the history of email
- Describe how email works and how security was a (much later) afterthought
- Describe how modern email systems are secured
- Discuss what you can do to help keep your own email experience secure
We all use email to serve a multitude of purposes. Let’s understand how to use email in a secure and responsible manner.

**NOTE:** There will be no class meeting on Martin Luther King Jr. Day, Monday January 17.

**STEM186 · 6 Sessions**  
class size unlimited  
Monday · 1:00–2:00PM  
1/3/2022–2/14/2022

**INSTRUCTOR:** Tom Anderson is an Alliance for Telecommunications Industry Solutions (ATIS) Senior Principal Technologist specializing in standards, architecture, and evolution of networks. He has also worked for major industry vendors including Cisco, Juniper, Alcatel-Lucent, and Bell Labs where he managed network technology evolution, strategy, standards, and architecture. He is currently engaged in 5G and Cybersecurity related working groups within ATIS.

**Organizing and Sharing Digital Photos Using iCloud**

This course is designed to help participants take, organize, store, edit, and share digital photos and videos. Emphasis will be on using Apple Photos on the iPhone, Mac, and iCloud. Participants will learn to manage iCloud settings; store and share photos and videos; perform basic edits; set up albums and slideshows; search and organize photos by person, location, and activities; trim live photos, bursts, and videos; and remove duplicate photos. Privacy and security issues will also be discussed. Participants should be comfortable taking digital photos, accessing the course website, and using web applications.

**STEM136 · 5 Sessions**  
class size 50  
Thursday · 1:00–3:00PM  
1/6/2022–2/3/2022

**INSTRUCTOR:** Neal Strudler has an MA in elementary education and a PhD in curriculum and instruction with an emphasis in educational technology from the University of Oregon. A former elementary teacher and assistant principal, he later served as a professor of educational technology and teacher education in Nevada for 26 years. Strudler has taught OLLI courses since 2017.

**Probability: You Can Bet On It!**

Rene Descartes wrote, “When it is not in our power to determine what is true, we ought to act according to what is most probable.” Although written centuries ago, we still apply those words to our everyday decision making. However, relying solely on our hunches can sometimes lead us astray. Probability, the branch of mathematics that enables us to quantify the likelihood of various events, has applications in the sciences, business, game theory, and other areas of study relevant to our lives. In this course, we will look at game-playing situations (focusing on questions of fairness, expected outcomes, and optimal strategies), as well as at real-world applications of probability including testing for infectious diseases, estimating the number of fish in a lake, and using simulations to estimate the likelihood of certain events. Along the way, we are sure to encounter some delightful surprises. Let’s have fun doing math together!

**STEM122 · 6 Sessions**  
class size unlimited  
Tuesday · 11:00AM–12:30PM  
1/11/2022–2/15/2022

**INSTRUCTOR:** Irv Lubliner is excited to teach math, blues harmonica, and literature classes at OLLI. An emeritus professor at SOU specializing in math education, he also taught in the Bay Area for 30 years and led math seminars for teachers in 39 states. In 2019, he created Felabra Press and published his mother’s writings about her experiences during the Holocaust, the book that will serve as the theme of one of his winter courses.

Gleick’s very readable biography of Feynman shows the humanity of this Nobel Prize winner, prankster, educator, and bongo player, and tells of his incredible love story with his first wife. Feynman invented and presented the new physics of the twentieth century. Using this highly readable book we will examine the physics mentioned (e.g., fission, quantum theory) as well as discuss his work and life. A few videos of Feynman will be shown. We will read some of his letters in addition to Gleick’s book. Required book: “Genius: The Life and Science of Richard Feynman,” by James Gleick, 1993.

**STEM189 · 9 Sessions**  
class size 50  
Tuesday · 11:00AM–12:30PM  
1/11/2022–3/8/2022


**Physics for Nonscientists: Richard Feynman**

Remember the Challenger disaster and the physicist who embarrassed NASA with his simple demonstration of the failure of the “O ring” from the booster rocket? That was typical of Richard Feynman’s ability to make complex physics simple. Physicists regard Feynman as the finest physicist of the second half of the 20th Century. James
The Evolutionary Psychology of Morality

Historically, morality has been studied as if it were a human invention. This has been the approach of philosophical thinking in the field of ethics for 2000 years. Recently, however, biologists have been studying morality as an adaptation, attempting to discover how morality functions and how it evolved. We’ll examine several types of moral adaptation, all of which share a commonality: they enhance survivorship and reproductive success. Genetically based traits that enhance survivorship and reproduction tend to pass on copies of genes that produce those traits in their offspring. Over time, the traits and the genes producing them increase. Seven sessions cover: 1) evolution and misconceptions 2) genes and behavior 3) five dimensions of morality 4) kin selection and caring 5) reciprocal altruism and fairness 6) hierarchy and xenophobia and 7) disgust. Methods include readings, videos, lectures, and group discussion. Optional text: “The Righteous Mind,” by Jonathan Haidt.

**STEM140** · 7 Sessions
class size 30
Tuesday · 1:00–3:00PM
1/4/2022–2/15/2022

**INSTRUCTOR:** Dave Ferguson has an MS in Biology from the University of California, Davis, and taught Evolutionary Psychology as a section of a class in Theory of Knowledge to International Baccalaureate high school students for many years. He’s taught this class at OLLI for the past four years.

**NEW!** The Nature of Science

“Science is more than a body of knowledge; it is a way of thinking,” (Carl Sagan, astronomer, 1996). Yet, some of the scientific ways of thinking which your 8th grade science teacher told you were settled long ago, such as the scientific method, are more involved when you look closely at them. Indeed, “a sizable literature exists on the scientific method, but there is little consensus among authors,” (Michael Shermer, director of Skeptics Society, 1997). Using over three dozen eclectic quotes from famous, and not so famous, scientists and philosophers as jumping off points, the first class will be a presentation providing a tour of the nature of science. In the second class, several stories from the life of a working scientist will illustrate aspects of the nature of science. Discussion and Q&A will be encouraged for further exploration of topics of special interest.

**STEM188** · 2 Sessions
class size 40
Wednesday · 9:00–10:30AM
2/9/2022–2/16/2022

**INSTRUCTOR:** Thomas Peterson has a Ph.D in Atmospheric Science and worked for NOAA as a global climate change scientist. He was a lead author on the Intergovernmental Panel on Climate Change and served two terms as President of the Commission for Climatology at the World Meteorological...
Organization. Clarivate included him in their 2018 list of highly cited researchers, and Foreign Policy Magazine named him one of 2013’s top 100 leading global thinkers.

NEW! The Pollination of Cultivated Plants

There is much concern about the decline in pollinators and how it will affect our food security and the environment. This course will explore the pollination of cultivated crops—primarily food plants. We will discuss the different ways in which pollination can occur, which food plants rely on insect pollinators, and which insects are important in effecting pollination. Lectures with PowerPoint slides will be used, as well as short pollination videos illustrating plant-insect interaction. Time for Q & A will be planned. A knowledge of how and by whom agricultural plants are pollinated will give us a better understanding of the importance of pollination to our own and the planet’s well-being.

STEM187 · 4 Sessions
class size 20
Monday · 11:00AM–12:30PM
1/24/2022–2/14/2022

INSTRUCTOR: Melissa Luckow is Professor Emerita in the Department of Plant Biology at Cornell University, where she worked for 29 years. Her area of expertise is in the taxonomy of tropical legumes, and she has traveled worldwide collecting plants. She taught courses in cultivated plants and economic botany for undergraduates while at Cornell.

NEW! Anthro is Fun: Creating Future Worlds

Anthropology is the social science of humanity, in all its ways and forms. Many of the best science fiction writers ask the questions that anthropology asks. Many of the important social evolutions of the past 70 years had their start in the future-fiction of their time: What if sex is no longer salient, in economic or political circles and in terms of personal power? What about skin color, language, religion, family type and thousands more items of 21st century concern and conflict? In this class, through combined lecture and discussion, learners will take off the blinders of modern culture’s norms and explore what could be in a future world. Some of us read science fiction, and some of us aspire to write our own new worlds. How do you create an authentic, believable world with authentic characters that readers can really care about? This class primarily focuses on future human culture, with some attention to creating logically-consistent aliens. No knowledge of SF or anthropology required.

SOC171 · 3 Sessions
class size unlimited
Wednesday · 1:00–2:30PM
1/5/2022–1/19/2022

INSTRUCTOR: Victoria C. Leo has been an OLLI online instructor since 2019 and lives for her daily creative work, particularly her well respected, ongoing science fiction series (four novels and counting) and her recent rock-painting obsession. Rick Baird tears himself away from astrophotography for twice-weekly Art Night, when he immerses himself in solar system landscapes and pet portraits on canvas and rock.
Hot News & Cool Views

Hot News & Cool Views is exactly that...“breaking” news and a great forum to discuss events of the day while bringing your views, opinions, and knowledge to a stimulating weekly discussion! You will find the class discussion very open, polite, fascinating, and informative. Divergent backgrounds and political leanings add sizzle to the class and make for a spirited, often controversial, and respectful ninety minutes. An agenda with supporting news articles, hot off the national and local press, is sent out a couple days ahead of each class for your review. Input and commentary is always welcome at any time during the week. The classes will help you stay current on news in our region and around the world. Please join us for a spirited, fast, and fun class that is better than a strong cup of coffee to get your week rolling!

**SOC140 · 10 Sessions**  
class size unlimited  
Tuesday · 9:00–10:30AM  
1/4/2022–3/8/2022  

**INSTRUCTOR:** Rick Vann is a Marketing and Corporate Management professional from the restaurant and foodservice industry. Four decades of experience in the business world and a BS in Marketing from San Diego State University provide his platform for launching and moderating each class, but the wealth of knowledge within the class members is the critical component in making the course both valuable and enlightening.

**NEW!** Manufacturers of the Rogue Valley

Do you enjoy factory tours? Want to know what kinds of products are produced locally? This course will provide a focused look at various factories throughout the Rogue Valley. The first session provides a descriptive overview of the surprisingly diverse range of manufacturing operations located in our region. The class sessions that follow will provide an in-depth look at several specific companies. A representative from a different company each week, including Medford Fabrication, Scharffen Berger Chocolates, BioSkin, and Micro-Trains will take us on a virtual factory tour to learn about the products they make, their production processes and company history, including why their operations came to be located here. There will be time for questions and discussion following the presentations.

**SOC177 · 5 Sessions**  
class size unlimited  
Thursday · 9:00–10:30AM  
1/20/2022–2/17/2022  

**INSTRUCTOR:** Anne Bellegia’s fascination with how products are made was stoked by factory tours as a kid, a summer job in a textile factory, and a career in product management in the medical products industry where she was able to watch pills, potions, and devices being produced. While she has previously taught STEM courses at OLLI, her role in this course is as a facilitator. A company representative will present information on individual companies.

**NEW!** Perspectives on Child Abuse: Dynamics and Solutions

This is an introduction to the dynamics of and possible solutions to child abuse. Students need not have any prior knowledge to take this course. The course will cover the following topics (among possible others):

- The Adoption and Safe Families Act and timeline  
- The Oregon Safety Model and mandatory reporting guidelines  
- Parental substance abuse  
- An introduction to domestic violence dynamics  
- Strengths-based and trauma-informed responses  
- The Indian Child Welfare Act and its impact on Native families  
- Adverse childhood experiences and their role in adult trauma  
- Cultural humility and curiosity  
- Resilience  
- Possible solutions to the issues that affect children and families in Jackson County

The format will be lecture, discussion, videos, case studies, and role plays. There will be supplemental learning opportunities to undertake outside of class but no required homework submissions.

**SOC170 · 5 Sessions**  
class size 35  
Wednesday · 6:00–7:30PM  
1/5/2022–2/2/2022  

**INSTRUCTOR:** Wenonoa Spivak, Deputy Director for CASA of Jackson County, holds a Master Degree in Education from Northern Arizona University. Spivak was a college professor and has facilitated trainings throughout the U.S. Alicia Linton Ambrocio holds a Bachelor’s Degree in Criminal Justice and Criminology and is currently working on a Masters of Social Work. She has co-facilitated training on the role of a Court Appointed Special Advocate for three years.

**NEW!** Philosophy After Aristotle and Before Augustine

Aristotle died in 322 BCE, just a year after the death of his most famous student, Alexander the Great. About eight hundred years later, a young Christian thinker named
Augustine began to set his stamp on the early Middle Ages. But what happened philosophically in between these two intellectual giants? The lectures in this course will try to answer that question by introducing a host of fascinating characters and a variety of schools of ancient thought, starting with the mysterious Pyrrho of Elis, a near-contemporary of Alexander the Great, and ending with Augustine, whose thought became a template for many centuries to follow. In between we will meet a fascinating variety of thinkers and thoughts—Stoics, Epicureans, Aristotelians, Neo-Platonists, Skeptics, Christians, and more. Our goal will be to make these thinkers comprehensible and interesting. No prior background in philosophy is needed, and all necessary materials will be furnished.

**SOC173** - 10 Sessions  
**class size unlimited**  
**Thursday · 1:00–3:00PM**  
1/6/2022–3/10/2022

**INSTRUCTOR:** Ean Roby is Professor Emeritus at Ohlone College in Fremont, California, where he taught for thirty-four years. He holds Master’s degrees in English, philosophy, and religion, and regularly teaches courses at OLLI in subjects such as ancient history, the history of philosophy, and the history of religions.

**NEW!** The Psychology of Art

Art is definitional of what it is to be human. Our ability to appreciate or make art hinges on personal characteristics and cultural preferences. In this course, we will use readings, videos, viewing and appraising art, discussions, and in-class hands-on activities to explore some important perceptual and cognitive foundations that give rise to aesthetic preferences. For example, are there any differences in crafting compositions in left versus right-handers? How do children of various ages represent “reality”? Or what does each cerebral hemisphere “see” and “feel”?

**SOC175** - 10 Sessions  
**class size unlimited**  
**Tuesday · 9:00–10:00AM**  
1/4/2022–3/8/2022

**INSTRUCTOR:** George Conesa has a PhD in Cognitive Psychology and a BA in Studio and Fine Arts from Northland College. He publishes on and teaches the psychology of art. He has undertaken research on brain lateralization processes underlying the perception of faces, portrait orientation, and handedness. He is also an active professional artist and is presently undertaking a Fall 2021 art series. His work can be seen at https://georgeconesa.wixsite.com/ohtuk

**NEW!** The Future of America’s Political Parties

What’s up with our country’s major political parties today? Has Trump taken over the Republican Party? Has the Democratic Party lost touch with working class voters? Why are so many voters registering as independents? This class will start with a brief history of the development of political factions in the country’s early days that led to the establishment of organized political parties in the first half of the 19th Century. We’ll discuss how a two-party system evolved, changes in the two parties over the past 150 years, where the parties stand today, and what could happen in the near future. Classes will begin with a brief lecture, followed by class discussion where all views will be welcome and respected. Some background materials may be circulated prior to classes.

**SOC176** - 6 Sessions  
**class size unlimited**  
**Thursday · 11:00AM–12:00PM**  
2/3/2022–3/10/2022

**INSTRUCTORS:** David Runkel is a self-styled political junkie. He covered local, state, and national politics for major newspapers; held leadership roles at Harvard’s Institute of Politics; and worked on Capitol Hill and in the federal government’s executive branch. Tam Moore is a former Jackson County Commissioner and a retired journalist. He’s covered local government, natural resources, and state politics in Oregon and California.
What’s So Special About Human Language?

Human language is unique and ubiquitous; only humans speak it, and everyone learns (at least) one. How might language have evolved, and what is it that we know when we know a language? How do the thousands of languages in the world vary, and what features do they have in common? Does your language influence your thought and perceptions? Linguists don’t have full answers to these questions, but we’ll survey what the scientific study of language has uncovered so far. We’ll see what animal communication systems might reveal about the origins of human language, as well as discuss what makes it special, examining its structure at the level of sounds, words, and sentences. Next, we’ll delve into the controversial topic of how language might influence thought. Finally, we’ll consider the uncertain prospects of languages that are dying out, and what might be done to revitalize them. Readings (available through course website), audio, and video will supplement the presentations and discussions.

SOC147 · 8 Sessions  
class size unlimited  
Tuesday · 11:00AM–12:30PM  
1/11/2022–3/1/2022

INSTRUCTOR: Tony Davis holds a Ph.D in linguistics from Stanford University. He taught as an adjunct for 15 years in the Linguistics Dept. at Georgetown University while working as a computational linguist at various companies in the Washington, DC area before moving to Ashland in 2016.

NEW! Writing Systems: Language Made Visible

Writing is a remarkable invention, a technology that captures language in a form that can be preserved and transmitted over space and time. Writing developed independently in several parts of the world, and we’ll examine how it may have arisen and evolved. Insights about the sound systems of languages led to alphabets and syllabaries, while other forms of writing, such as Chinese characters, retain distinct symbols for each word. We’ll take on the myth that Chinese characters represent ideas or concepts, independent of language. We’ll also look at the intriguing stories of how some ancient scripts—Egyptian hieroglyphs, Linear B, and Mayan writing—have been deciphered. Lastly, we’ll examine technologies related to writing, such as printing and electronic devices, and consider some of the social and political aspects of writing. Course sessions will include weekly presentations with discussion via Zoom.

SOC174 · 6 Sessions  
class size unlimited  
Thursday · 1:00–2:30PM  
2/3/2022–3/10/2022

INSTRUCTOR: Tony Davis holds a Ph.D in linguistics from Stanford University. He taught as an adjunct for 15 years in the Linguistics Dept. at Georgetown University while working as a computational linguist at various companies in the Washington, DC area before moving to Ashland in 2016.
**Osher Lifelong Learning Institute**  
**Membership Application**

### Member Information

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### Volunteering

- [ ] I’m interested in volunteering! Please have the Volunteer Coordinator contact me.
- [ ] I’m already volunteering and satisfied with my role.
- [ ] I just want to take classes. (And I know I can find more information on the back to learn more.)

### The OLLI Annual Membership fee is not refundable.

- Payment of your OLLI registration dues and your donation can be combined.
- We accept checks and credit cards (no debit cards).
- If you wish to apply for a reduced-fee scholarship, please contact the office for more information.

- Annual membership payment @ $150 per person: $__________
- **Little-known fact:** The OLLI annual membership fee covers about half of OLLI’s total operating cost.
- I want to support the OLLI annual fund with my tax deductible gift of: $__________
- This is a joint gift with: ____________________________________________
- [ ] Please keep my gift anonymous

**Total payment amount** (membership fee + annual fund donation): $__________ (TOTAL)

### Payment and Donation Options

**To pay by check:** Make check payable to “OLLI”.
OLLI is an affiliate of the SOU Foundation. OLLI’s federal tax I.D. number is 23-7030910.

**To pay by credit card:** [ ] VISA [ ] MasterCard

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**Note:** If you prefer, you may pay by credit card over the telephone by calling the OLLI office at 541.552.6048. OLLI’s **postal address** is 1250 Siskiyou Blvd., Ashland OR 97520.

**Questions?** Email olli@sou.edu or telephone 541.552.6048

OLLI at SOU 41 Winter 2022 Catalog
Volunteer at OLLI!

OLLI at SOU’s enthusiastic volunteer culture creates community and shared commitment. Research shows that active volunteers are happier, have better health, live longer, and feel like they have more time.

At OLLI, we believe in a “people first” approach, and OLLI has opportunities that match every area of interest, ability or availability. We want to get to know you, and connect you with engaging and meaningful activities that will deepen your connections to the OLLI community. OLLI thrives when everyone pitches in. And, as any volunteer will tell you, you gain more than you give by volunteering.

Volunteers can contribute remotely in many ways!

☐ Yes! I want to become an active partner in OLLI’s success, and increase my connections and engagement. Call me and let’s talk about what I like to do and how I can get more involved.

☐ Yes! I’m currently active and volunteering at OLLI in a satisfying capacity. I’ll let you know when I’m ready for more or different responsibilities.

☐ No thank you. I just want to take classes for now.

Questions? Contact Pauline Black, OLLI Volunteer Coordinator, at blackp@sou.edu, or call 541.552.6975.
Course Request Form
WINTER 2022

Want to save paper and stamp?
Register online at inside.sou.edu/olli

Name ___________________________ Phone ___________________________

Email ___________________________

Please complete this form and mail it to:
OLLI at SOU
1250 Siskiyou Blvd.
Ashland, OR 97520

Course Requests Lottery: Monday, November 8 to Friday, November 19

During this phase of registration, your course requests are limited to a maximum of 3 courses. The results of your course requests will be emailed or mailed to you by Monday, December 6.

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Open Enrollment Begins Monday, December 13

Once Open Enrollment begins, members may register for as many additional courses as desired on a space-available basis. Sign up online or by using this form. Multiple forms may be required if adding more than three courses.
Registration and Getting the Courses You Want

Course Requests Lottery
There are two registration periods. The first is named “Course Requests”. During this two-week period, you can make up to three course requests either online, or by submitting the paper registration form to the office anytime before the deadline. When doing this, be sure to prioritize your courses to optimize your chance to be enrolled in a high-demand course. When submitting online, you will immediately receive an email confirmation. If not, contact the office. After the “Course Requests” registration period closes, courses are filled in this order by a computer lottery:

1. The 1st priority course of Council Members and Committee Chairs as a thank-you for their work.
2. All submissions with only 1 course request
3. All requests assigned 1st Priority
4. All requests assigned 2nd Priority
5. All requests assigned 3rd Priority

Note: The online system does not restrict your lottery requests to three courses. If you do request more than 3 courses, the additional requests will not be processed and need to be submitted during Open Enrollment.

How to assign Priority online
When you submit your courses online, and the list of courses are in your priority preference, you are done. If you need to reprioritize the list: (1) click on “My Account” on the navigation menu, (2) then click on “Course Priorities” found in the list, and (3) assign priority to each course in the list, and (4) click on “Save Priorities” on the top of that table.

Notification of Lottery Results
A week after the “Course Requests” period ends, an email, or postal mail if no email, is sent with the course request status: Registered or Waitlisted.

How the Waitlist Works
If there are more requests than registration spaces available, and your request was not picked in the lottery, your name will be added to the waitlist which is sorted by the random number assigned by the lottery.

Open Enrollment Registration
A week after the “Course Requests” notifications are sent, you can register for as many courses as you like. This registration is done first-come, first-served. The website and the office has a list of “open” courses. Registration can be done either online, or by submitting a registration form to the office at any time. You can also register for a course with a waitlist. When a registration space becomes available, the office contacts the next person on the waitlist.

Making Changes:

**Adds:** During either of the two registration periods, you may add courses online or submit a revised course request form to the office.

**Drops:** As soon as you know you cannot attend a course, please notify the OLLI office by emailing olli@sou.edu or calling 541.552.6048. When you drop a course, it frees up a registration space for someone else. Drops cannot be done online.

Questions: Please contact the OLLI office at olli@sou.edu or 541.552.6048.
What does wellness look like to you?

This winter, treat yourself to new experiences for your health and spirit.

Nurture your strengths and explore your potential. Attend OLLI lectures. Spend time on that hobby you were thinking about. Get outside for a new adventure. Or schedule wellness care such as physical therapy or counseling. Whatever warms you, make it a priority this winter to add it to your list.

No matter how you define wellness, we are here for you.

Community lives here.

Asante Physician Partners’ clinics provide in-person, same day and video visit appointments.
To find a health care provider or clinic near you, visit asante.org.

Asante thanks OLLI for supporting our community to learn and thrive.
Enroll Now for OLLI Winter Classes
Join a Community of Curious Adults

Hundreds of Classes
“The challenge each term is to choose courses from among the incredibly varied and tantalizing options.” Karen Grove
“I knew that to live a satisfying life I would continue to learn. When I checked out the catalog, I was stunned at how extensive the program was.” Denny Caraher

Meaningful Connections
“It’s a good way to get to know people, even more so than just taking classes. You’ll have more and better interactions.” Peg Evans
“OLLI provides that low-impact, friendly structure to make connections with others while I’m improving myself. I’ll be an OLLI member for life!” Paul Christy

A Way to Share Knowledge
“To anyone wanting to share knowledge of a favorite subject and wondering if OLLI is the way to do it, I say ‘Go for it!’” Ronnie Budge
“One of the best ways to deepen knowledge of a subject is to teach it, and OLLI gives community members the opportunity to do this.” Earl Showerman, MD