

University Studies Committee
Exploration & Integration -- Approved Courses
Spring Term 2020
(Final Submission)

EXPLORATION

Course No.	Course Title	Strand	Credits	Pre-reqs	Votes (YEA/AB/NAY)	Notes
FR 110	Topics in French Culture	E	4	None	APPROVED (7/0/0)	
FR 111	How to Survive in France	E	4	None	APPROVED (7/0/0)	
GL 110	How to Survive in Germany	E	4	None	APPROVED (7/0/0)	
GL 111	Topics in Germanic Culture	E	4	None	APPROVED (7/0/0)	
MUS 210	American Country Music	E	4	None	APPROVED (5/0/0)	

INTEGRATION

Course No.	Course Title	Strand	Credits	Pre-reqs	Votes (YEA/AB/NAY)	Notes
NAS 331	Language Revitalization	H	4	USEM 103 or HSE 103 or HON 103 or WR 122 .	APPROVED (7/0/0)	---
NAS 360	Boarding School Legacies	I	4	None	APPROVED (7/0/0)	
PSY 472	Sustainable Compassion	I	4	None	APPROVED (7/0/0)	

COURSE DESCRIPTION

French 110- Topics in French Culture and Society (4 credits)

Explores contemporary French perspectives through topics related to everyday life, such as travel, agriculture and industry, and cuisine, national and regional identity, or issues in politics and society. Students explore cultural values and assumptions in France by engaging with personal narratives and cultural artefacts. Taught in English. Open to all levels of experience with French; no prior language experience required. (Approved for *Explorations Strand E - Humanities*)

French 111 - Topics in Francophone Culture and Society (4 credits)

Explores contemporary perspectives of the French-speaking world through topics related to everyday life, such as travel, agriculture and industry, and cuisine, national and regional identity, or issues in politics and society. Students explore cultural values and assumptions in the Francophone world by engaging with personal narratives and cultural artefacts. Taught in English. Open to all levels of experience with French; no prior language experience required. (Approved for *Explorations Strand E - Humanities*)

GL 110- Topics in Germanic Culture (4 credits)

Catalog description: Explores contemporary German perspectives through topics related to everyday life, such as travel, agriculture and cuisine, national and regional identity, or issues in politics and society. Students explore cultural values and assumptions in Germany by engaging with personal narratives and cultural artefacts. Students deepen their understanding of the German worldview by learning basic communication skills in the German language. Taught in English/German. Open to all levels of experience with German; no prior language experience required. (Approved for *Explorations Strand E- Humanities*)

GL111- Topics in German Culture (4 credits)

Catalog description: Explores contemporary perspectives of German speakers around the world through topics related to everyday life, such as travel, agriculture and cuisine, national and regional identity, or issues in politics and society. Students explore Germanic cultural values and assumptions by engaging with personal narratives and cultural artefacts produced in German-speaking societies (e.g. in Austria, Switzerland, Liechtenstein, or abroad). Students deepen their understanding of Germanic worldviews by learning basic communication skills in the German language. Taught in English/German. Open to all levels of experience with German; no prior language experience required. *(Explorations Strand E - Humanities)*

MUS 210- American Country Music (4 Credits)

Surveys the development of country music as it evolved out of the diasporic South, including barn dances, hillbilly entertainment, western swing, honky-tonk, rockabilly, bluegrass, outlaw country, crossover country, regional styles and more. Artists will include The Carter Family, Hank Williams, Johnny Cash, Dolly Parton, Willie Nelson, Garth Brooks, Big Little Town, Kasey Musgraves and more. Examines major themes of country music (guns, love, alcohol, transportation, religion, gender roles, poverty, and regionalism) in the context of race, culture, politics and economics. Approved for University Studies *(Explorations Strand E - Humanities or Strand F - Social Science)*.

NAS 331 Language Revitalization (4 credits)

Provides an overview of contemporary issues in language endangerment and revitalization for the world's languages, with a primary focus on North America. Covers theories of language endangerment and methods of revitalization through several case studies, examining how various scientific approaches and cultural norms guide language shift and the associated response. Prerequisite(s): [USEM 103](#) or [HSE 103](#) or [HON 103](#) or [WR 122](#) . (Cross-listed with [SOAN 331](#).) *(Approved for University Studies Integration Strand H)*

NAS 360- Boarding School Legacies (4 credits)

Provides an overview of, and Native American perspectives on Indian Boarding Schools in the United States and Canadian Residential Schools. Topics include history, culture, and epistemology of Native Americans; assimilation and civilization projects; K-12 public education; and current practices and policies in Indian Education. May be applied to the Native American Studies minor and certificate. All are welcome. *(Approved for University Studies Integration Strand I)*.

PSY 472 Sustainable Compassion (4 credits)

Our personal and professional lives demand endless care and compassion for those we serve. Yet we encounter inner psychological and structural barriers to compassion, including compassion fatigue, reductive biases, and aversion to suffering. This course will explore the theory and practice of Sustainable Compassion Training (SCT), which is a system of compassion- and mindfulness-based meditation practices informed by neuroscience, social psychology, developmental psychology, cognitive psychology, and affective science. SCT draws on three modes of care--receiving care, deep self-care, and extending care--with the aim to realize more sustainable and inclusive compassion in our personal lives, our organizations, and our communities. *(Approved for University Studies Integration Strand I)*.