

New Course Proposal

Submit completed form electronically

1. **Course prefix and course number:** MS 381
2. **Course title:** Military Physical Conditioning Instruction I
3. **Abbreviated title for class schedule** (30 characters or less): MS
4. **Credit hours:** 2
(note: if credits are variable, list range of credits (e.g. 1-8 credits))
5. **Catalog description:** Instruction is designed to instruct on the fundamentals of military physical conditioning, build and maintain cardiovascular fitness, core body strength, and leading in physical condition of others. Students will develop personal leadership aspects of conducting military physical conditioning while working in a team environment.
6. **Prerequisites (to add each additional prerequisite, start a new line):**
 - A. (course prefix, (space) and number) MS 183
 - B. (course prefix, (space) and number)
 - C. (course prefix, (space) and number)
7. **Co-requisites (including labs, if any):**
 - A. (course prefix, (space) and number) N/A
8. **Major/Class restrictions:** Please indicate any class or major restrictions: None
9. **Is course repeatable?** Yes ☒ No If Yes, list maximum credits: 4
10. **Labs requirements:** If course includes a lab: # of hours lecture: N/A ; # of hours lab: N/A
11. **Fees:** List any course fees: None
12. **Grade Mode:** Graded only: YES; Pass/No Pass only: N/A; Option:
13. **CIP Code:** Six-digit CIP code (check with your Division Director):
14. **Special qualifications; Is course proposed for (yes/no):**

A. University Studies? No If yes, list Strand(s)

B. Honors? No

15. Cross-listing: List any cross-listing: N/A

16. Strategic justification for proposed course:

A. **Rationale:** What is the overall strategic rationale for offering this course? This course recognizes the leadership and organization requirements of those in Military Science who will be leading and instructing on military physical conditioning aspects to other students taking the MS 181 Army Physical Readiness courses.

B. **Alignment:**

1. How does this course align with the unit's mission plan? Further develops the leadership, mentorship and training aspects of the Military Science curriculum.

2. How does the course fit into the rest of the unit's curriculum? Nested and aligned.

C. **Enrollment:** What is the new course's estimated enrollment each time it is offered over a three-year period? Year 1-20; Year 2-20; Year 3-20

D. **Resource evaluation:** What resources – faculty, equipment, lab space, etc. -- will be needed to offer this course and how will those resources be obtained?

1. *Faculty:*

- a. Who will teach the course? Military Science Instructors of SOU ROTC
- b. Evaluate unit's faculty availability and/or needs and the impact on other teaching obligations. Completely capable
- c. If additional faculty members are needed, how will that need be met?
N/A

2. *Facilities:* Cite any additional need for classrooms, equipment or lab space; explain how that need(s) will be met. None

3. *Other:*

- a. Are Hannon Library resources sufficient to meet the needs of this course?
No
- b. Are any other resources needed to support this course? None
If so, please explain how they will be obtained.

E. **External impact:**

1. What is the expected effect of this course on existing programs elsewhere in the university? None

NOTE: Please document your contact with other academic programs which may be affected by this new course and the response you received.

2. Will any of your prerequisites affect other academic programs? NO

NOTE: Please document your contact with other academic programs which may be affected by this new course and the response you received.

17. Syllabus (condensed)

*(Attach an accompanying, condensed syllabus, which should include the following items. Schedules and similar details are **not** required.)*

- A. Course description (same as Catalog description, above)
- B. Learning objectives of the course: Teaching, mentoring and leading in proper military physical conditioning exercises, techniques and procedures
- C. Required texts: None
- D. Course format: Indoor/Outdoor, demonstration, execution, assessment
- E. Other – any other relevant materials needed to explain the goals and teaching methods of this course: None

Approvals:



Signature of Division Director

1/4/19

Date

4/29/16