New Program Proposal

NOTE: This form should be used for new minors, or new concentrations to existing degrees. For new majors/degrees, complete the HECC new program proposal form as well as this form.

New Program name: Minor in Health Promotion
CIP Code: (Classification of Instructional Program):

Impact statement:

1. What is the expected effect of this program on existing courses (both within your department/program or elsewhere in the SOU curriculum)?
   The program has been designed to include a required core of 11 lower-division credits and 3 upper-division credits complemented by 12 upper-division elective credits (26 total credits; 11 lower-division and 15 upper-division credits). All courses currently exist within the HPE curriculum. Two elective course were added by our Communication Department at their request (see elective list below).

   This program will significantly increase enrollments in the required core courses for the minor (HE 250, HE 275, HE 285 and HE 325). We expect some increase in enrollments in courses that support the upper-division electives for the minor. The minor will support students majoring in biology, psychology, business, communication, education, HCA, pre-nursing as well as others who seek to complement their degrees with a minor in health promotion. This minor will support students planning to work in the health sector or related sectors with their undergraduate degree, as well as those pursuing graduate studies and professional schools in the medical and health sectors.

2. Will any prerequisites or other course requirements affect other departments/programs? The impact should be minimal. If so, the relevant chairs or program directors should be notified to determine if those departments/programs have sufficient capacity to meet these requirements. Please document your research into this possible impact.
   Students who choose to take PE 473 as an upper-division elective will be required to take BI 231, 232, and 233 as prerequisites. Those who choose PE 425 will be required to take MTH 243 as a prerequisite. Collectively, the impact on these course enrollments should not be overwhelming as many will either choose NOT to take these courses because of the prerequisites or the prerequisite courses will already be required by their major program (e.g., biology majors).

3. Program Resource evaluation:

a. Faculty: Cite faculty availability or needs and impact on other teaching obligations. If additional faculty teaching hours are needed, how will that need be met?
We don't expect additional faculty needs beyond those that we can meet using our existing FTE and we have a qualified adjunct pool if additional course sections are needed.

b. Facilities: Cite any additional need for classrooms, equipment or laboratory space and how that need will be met.
All courses for the minor already exist. We don't expect significant impact on facilities. If necessary, additional sections can be scheduled using central scheduling if LMP classrooms are booked.

c. Library: Are Hannon Library resources sufficient to meet the needs of this program? (Check with the library staff and ***attach a copy of their report***.)
Yes, library resources are adequate. There is no new coursework for this minor. Library facilities are adequate for the HPE major; therefore, we believe they are adequate for the minor.

d. Other: Are any other resources needed to support this program? If so, please document them and explain how they will be obtained.
No other resources are needed.

4. Catalog copy for the new program, including requirements and electives.

Minor in Health Promotion

Students must meet all applicable requirements listed in the Minors section of this catalog, including the Minor residence requirement. Students must achieve a 2.5 GPA in 26 credits of health and/or physical education coursework listed below to earn a minor in health promotion All courses must be taken for a letter grade unless instructor permission is obtained.

Required Courses (26 credits)

Complete the following courses:

HE 250 – Health and Society I - 4 credits
HE 275 – Health and Society II- 4 credits

HE 285 – Medical Terminology - 3 credits
HE 325 – Nutrition - 3 credits

Electives

Complete a minimum of 12 credits from the following:

HE 331 - Environmental Health – 3 credits
HE 362 - Community Health - 3 credits
HE 399 - Special Studies – variable credits
HE 405 - Reading and Conference – variable credits
HE 422 - Consumer Health – 3 credits
HE 444 - Sexuality Education - 3 credits
HE 450 - Origins of Modern Health – 3 credits
HE 452 - Analysis of Stress – 3 credits
HE 453 - Drugs in Society – 3 credits
HE 455 - Work-Site Health Promotion - 3 credits
PE 361 - Care and Prevention of Sports Injuries I – 3 credits
PE 362 - Care and Prevention of Sports Injuries II – 3 credits
PE 363 - Physical Exam & Evaluation – 4 credits
PE 363L - Physical Exam & Evaluation Lab
PE 364 - Therapeutic Exercise & Modalities – 4 credits
PE 364L - Therapeutic Exercise & Modalities Lab
PE 372 - Kinesiology – 3 credits
HE 399 - Special Studies – variable credits
PE 425 - Research Methods in Health and PE – 4 credits
PE 439 - Motor Development and Learning – 4 credits
PE 444 - Programs for Special Populations – 3 credits
PE 448 - Leadership and Management – 3 credits
PE 473 - Physiology of Exercise – 4 credits
PE 473L - Physiology of Exercise lab
PE 475 - Biomechanics – 3 credits
PE 476 - Exercise Prescription and Graded Exercise Testing – 4 credits
PE 479 - Nutrition for Training and Performance – 3 credits
COMM 346 – Health Communication
COMM 486 - Health, the Internet, and Technology

Other electives may be approved by an HPE adviser

5. Please provide written verification of contact with the Chair of any other departments or programs affected by the new program.

a. All division Directors were notified. Email correspondence from STEM and Business included the following support. No other Directors responded.

From Sherry Ettlich on 7/29/19 "…Thanks Jamie! I'm copying John, Jim and Andrew. This should be a great option for students interested in health related fields."

On Mon, Jul 29, 2019 at 3:57 PM Katie Pittman <pittmank@sou.edu> wrote:
Hi Jamie,

I think a minor in health promotion is a great idea - and one that might be an attractive option for business majors / athletes. Seems like this might be a good option for Communication majors as well. Doesn't look like any of my programs will be directly impacted but I will share.

SUPPORTIVE SIGNATURES

Department Chair Signature _____ Date 9/9/19

Division Director Signature _____ Date 9/9/19

4/29/16